

ADDENDUM TO:
EFFECTIVE PHYSICS KNOWLEDGE FOR
DIAGNOSTIC RADIOLOGISTS

Clinically Focused Physics Education



**Perry Sprawls, Ph.D.
Emory University, Atlanta**

Sprawls Educational Foundation, www.sprawls.org

This is a presentation containing a collection of visuals used in courses on the general topic of medical physics education for medical professionals, especially radiologists and radiology residents.

They are provided here to be used by medical physicists for individual study, group discussions, or in class or conference presentations.

Clinical Medicine

Imaging



Radiation Therapy



Physics
The Foundation Science

Sprawls

Effective and Safe Clinical Procedures

Imaging



Radiation Therapy



**Require an extensive knowledge
of
Applied Physics
and
The Associated Technology**

Who needs a knowledge of Physics applied to clinical imaging?

Radiologists, Residents and Fellows

Technologists

Medical Physicists



Each provides unique challenges and opportunities.

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Clinically Focused Physics Education

Classroom **Clinical Conference** **Small Group** **“Flying Solo”**



**Learning Facilitator
“Teacher”**

**Individual
and
Peer Interactive
Learning**

**Each type of learning activity
has a unique value.**

Sprawls

Clinically Focused Physics Education

Classroom



**Clinical
Conference**



**Small
Group**



**“Flying
Solo”**



**Learning Facilitator
“Teacher”**

**Individual
and
Peer Interactive
Learning**

The Goal..

Increase the **EFFECTIVENESS** of each type of learning activity with the **necessary resources** and understanding of the process by the Learning Facilitators.

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The Barrier

Physics Education



Clinical Imaging



Efficiency

Location, Resources, Human Effort, Cost

Limited Experience

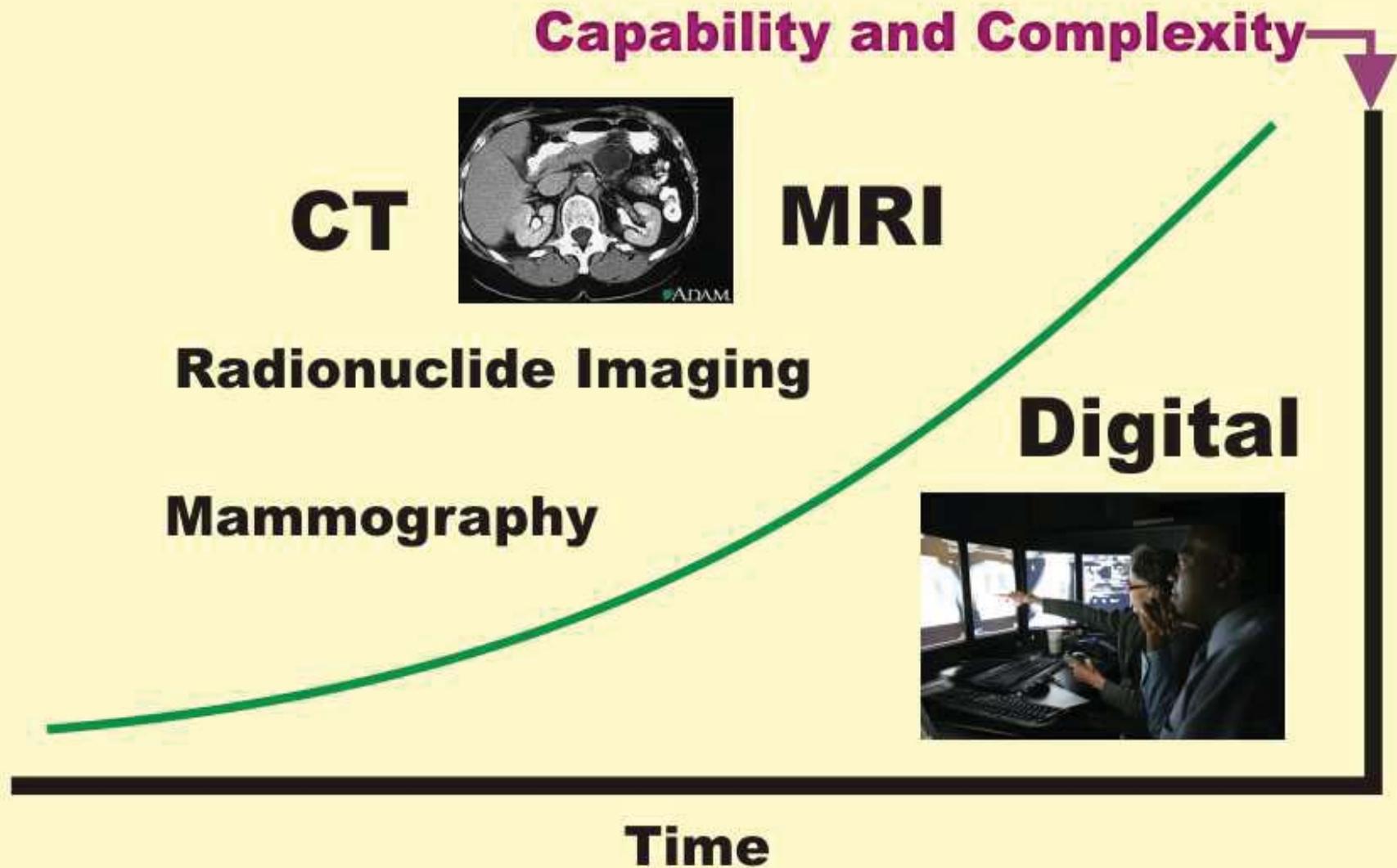
Sprawls

Why an Evolving Model?

Three Dynamics.....

1. Rapidly expanding **NEEDS** for physics knowledge.
2. Expanding availability of educational **RESOURCES.**
3. Better knowledge of the learning and teaching process.

Continuing Growth in the Need for Physics Knowledge



Digital Resources to Enrich Learning Activities

The Web
Connecting and Sharing

**Textbooks
Modules**

Visuals

**Clinical
Images**

Modules

**References
Teaching Files**



Classroom



**Clinical
Conference**



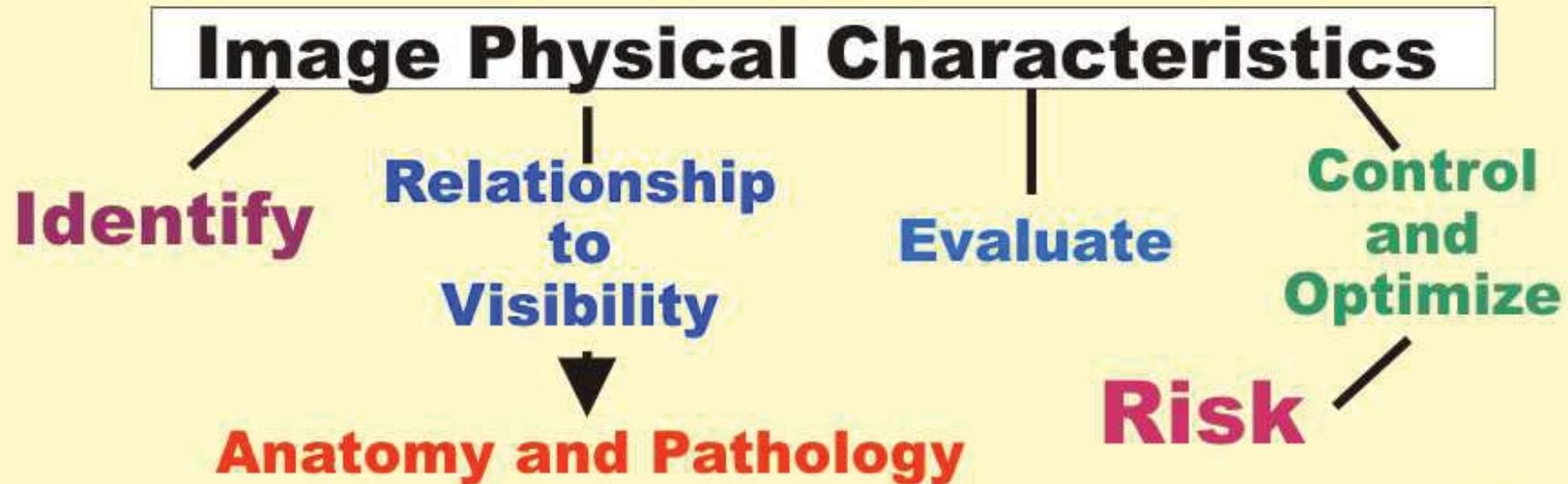
**Small
Group**



“Flying Solo”

Sprawls

Physics Learning Objectives for Radiologists



Sprawls

LEARNING is...



**Building a
knowledge
structure
in the
mind**

Sprawl's

Learning Physics is by.. Encounter and Experience



Physical Universe

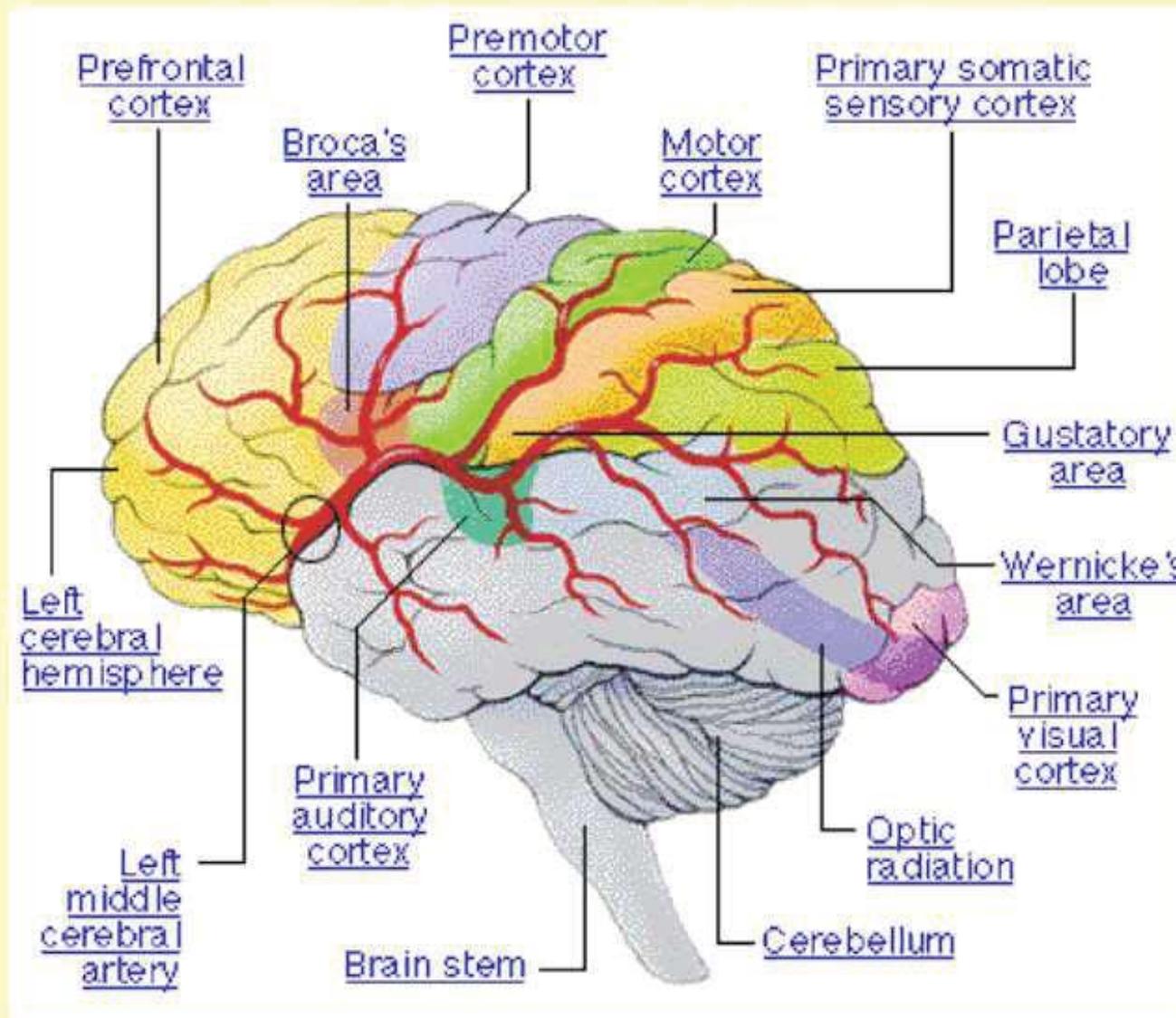


Brain

Images: BYU and Howstuff works

Sprawls

The Brain...



Structure and Function

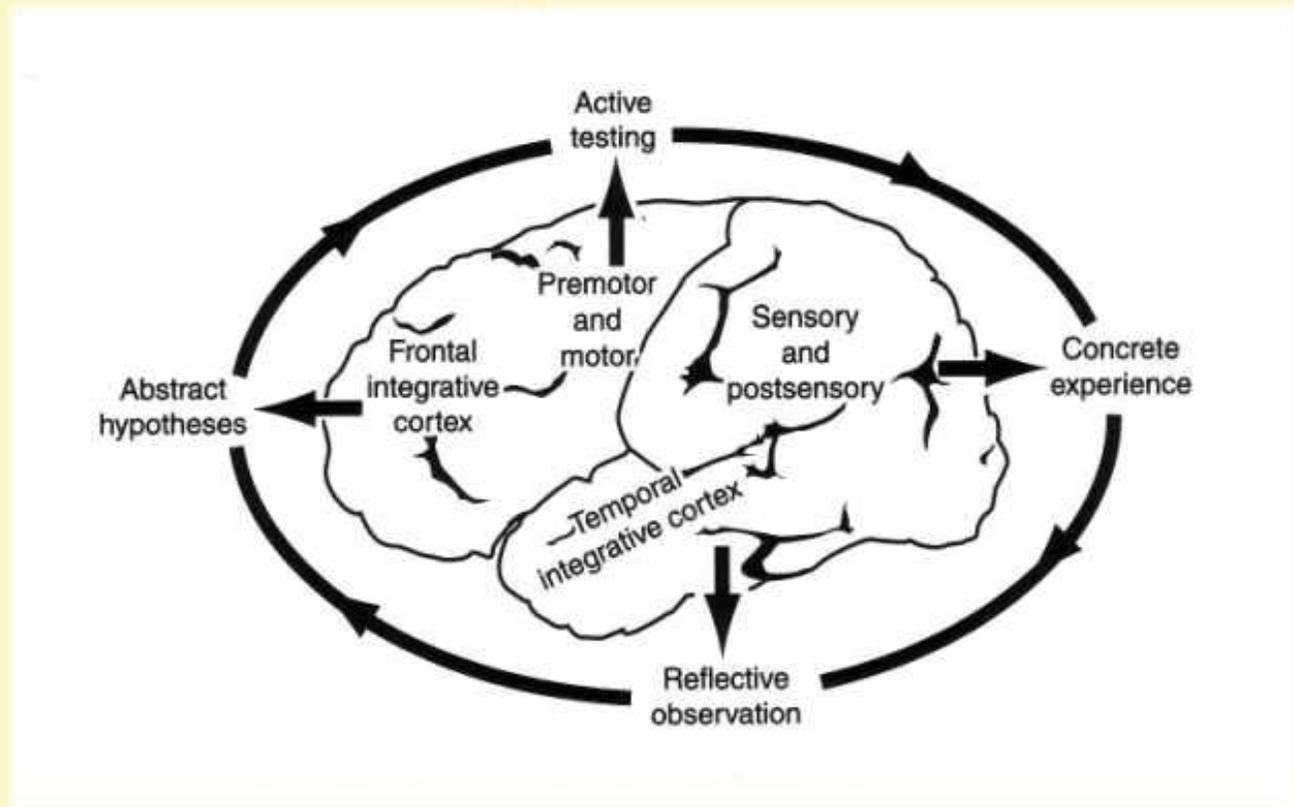
Image: AMA

Sprawls

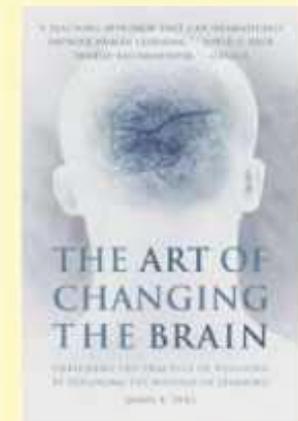
Zull's Model of Brain Function



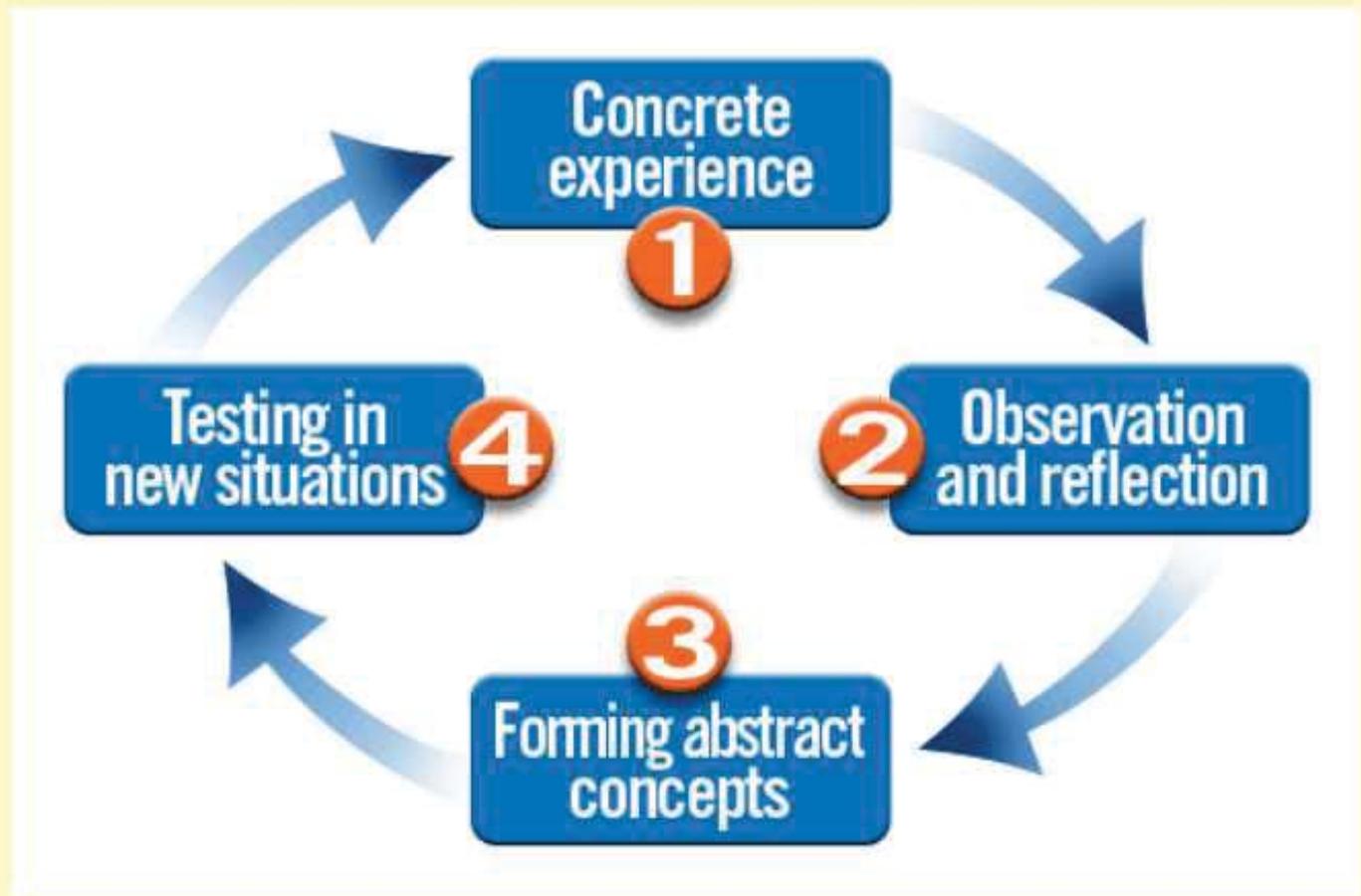
James Zull, Ph.D.
Professor of Biology
Professor of Biochemistry
Director of University Center for
Innovation in Teaching and
Education
Case Western Reserve



Reference:



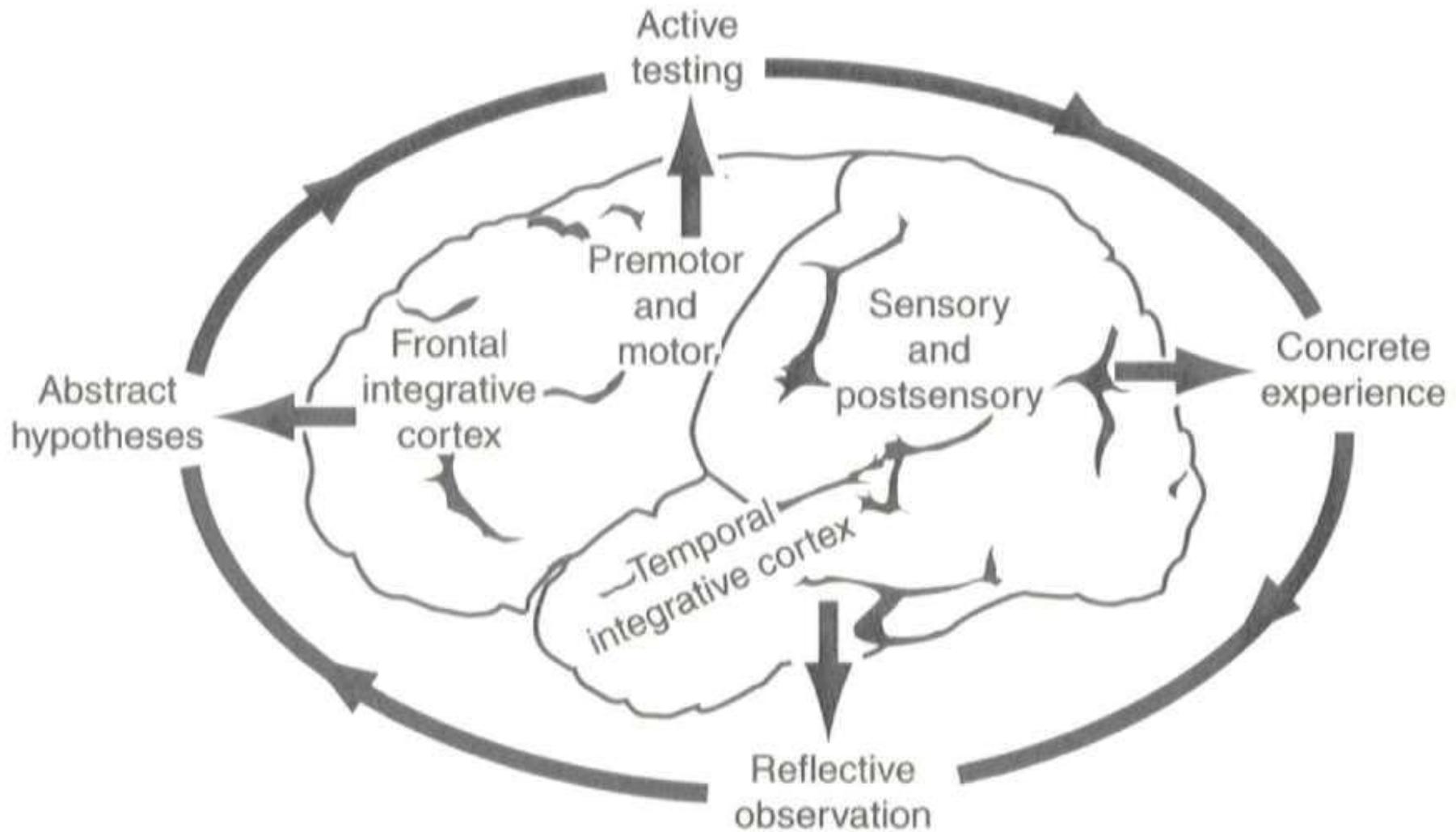
Kolb's Experiential Learning Model



David A. Kolb, Ph.D.
Professor of Organizational Behavior
Case Western Reserve

Website: <http://www.learningfromexperience.com>

Zull's Model of Brain Function



Brain Functions for Learning Physics

Control

Sensory



Back Integrative Cortex

Where

(Relationships)

(Characteristics)

What

(Identification)

Language

Comprehension

Frontal Integrative Cortex

Making Plans

Evaluating

Problem Solving

Language

Assembly

Motor



Emotions

Sprawls

Brain Functions for Learning Physics

Control

Sensory



**Back Integrative
Cortex**

**Records
of the
Past**

Reflection

**Frontal Integrative
Cortex**

**Preparation
for the
Future**

Hypotheses

Motor



Emotions

Sprawls

Brain Functions for Learning Physics

Control

Sensory



**Back Integrative
Cortex**

**Records
of the
Past**

Knowing

**Frontal Integrative
Cortex**

**Preparation
for the
Future**

Doing

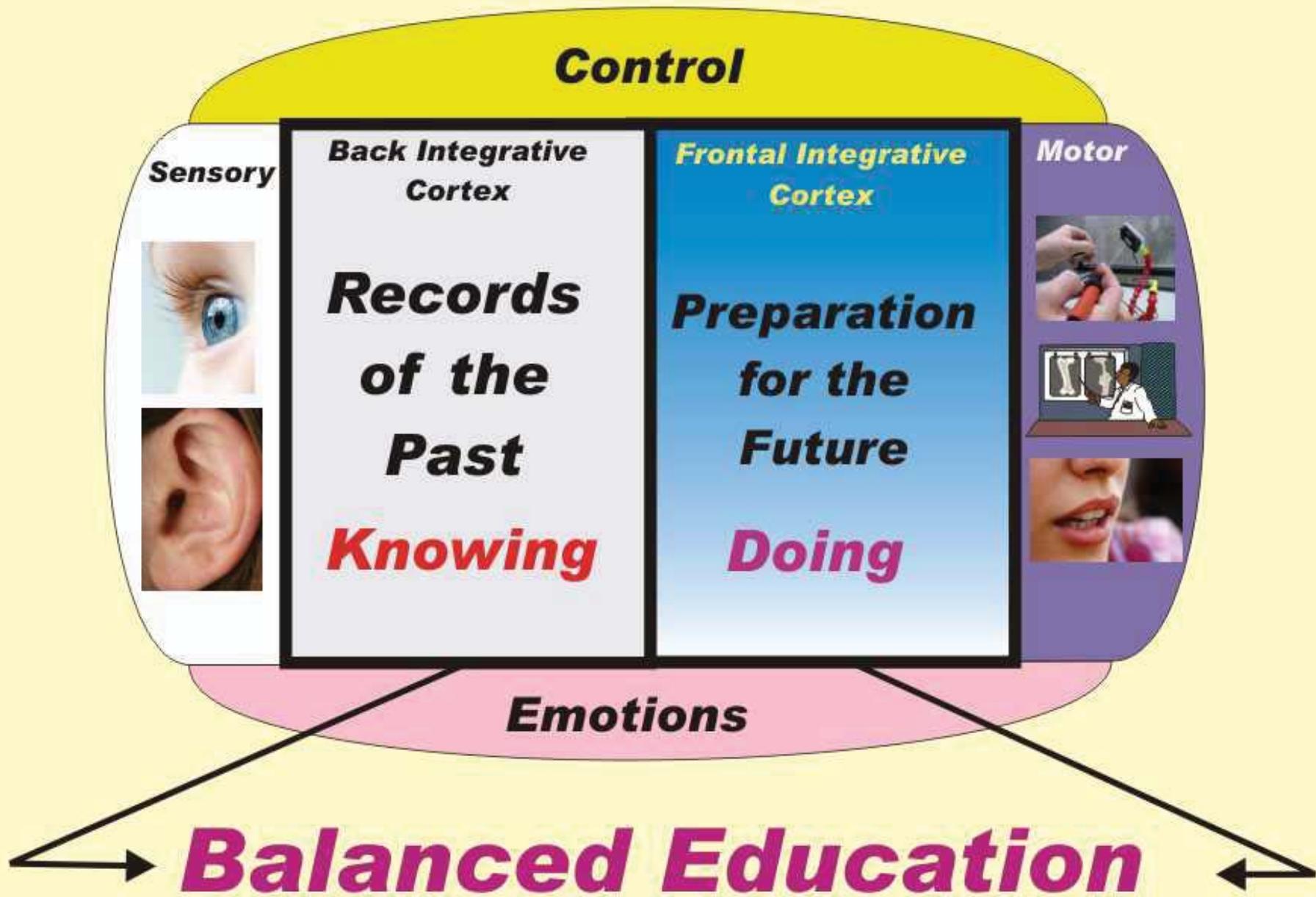
Motor



Emotions

Sprawls

Brain Functions for Learning Physics



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Forming Knowledge Structures

Physical Universe

Back Integrative Cortex



Sensory



Visible Physical Objects

Sprawls

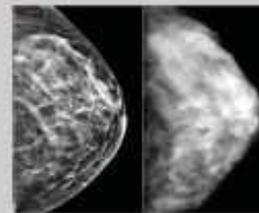
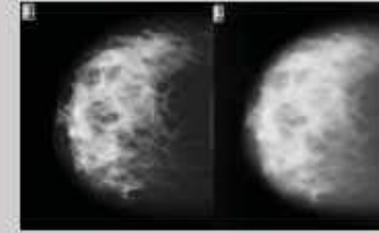
Forming Knowledge Structures

Physical Universe

Back Integrative Cortex



Sensory



Visible Physical Objects

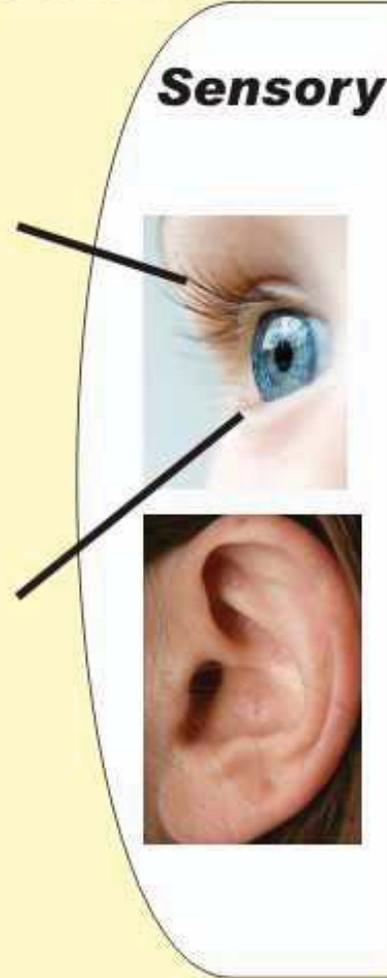
Sprawls

Forming Knowledge Structures

Physical Universe

Back Integrative Cortex

Radiation
Electrons
Magnetic
Atomic
Nuclear



***Invisible* Physical Objects**

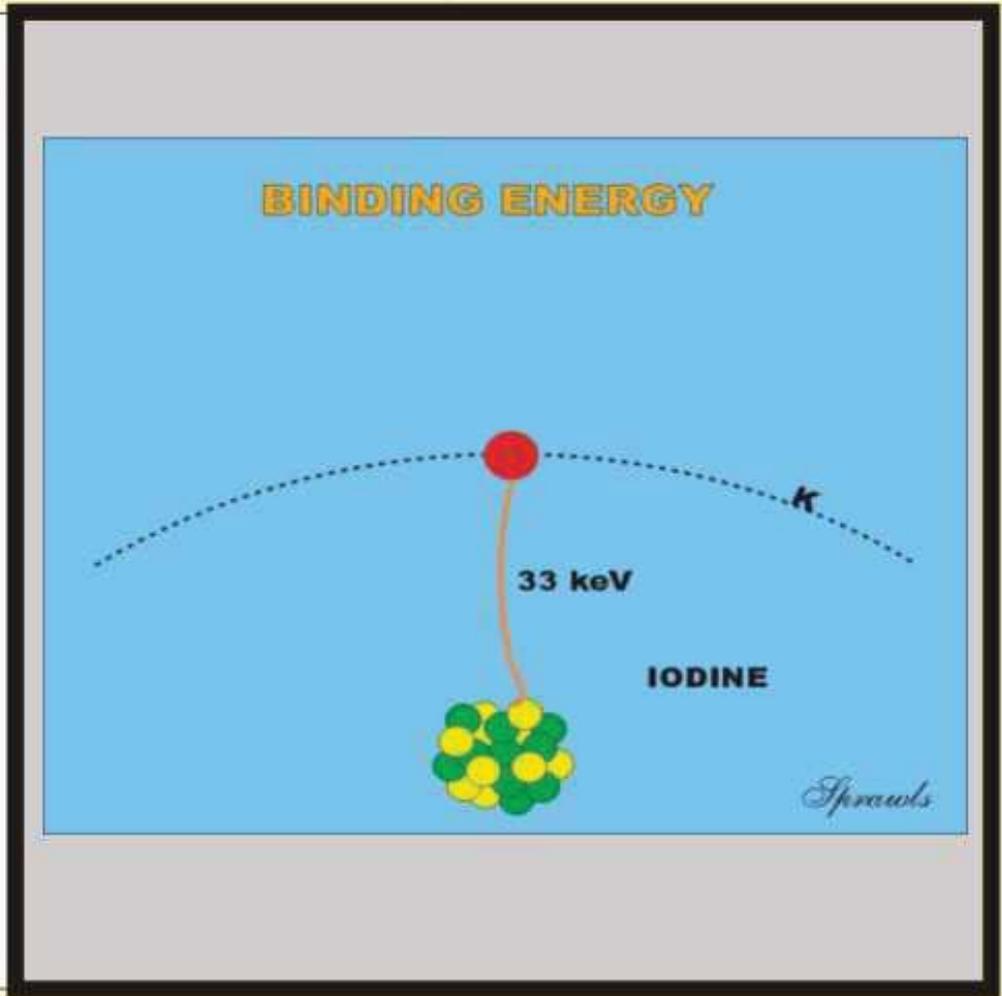
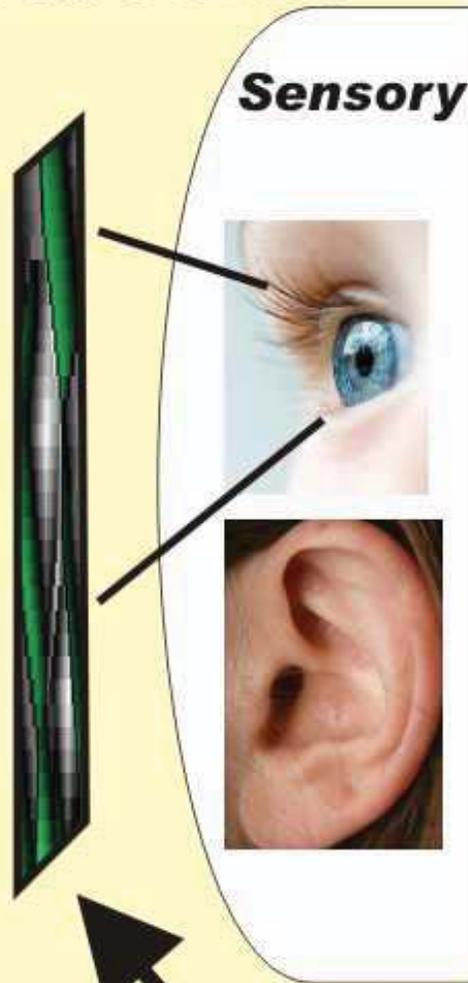
Sprawls

Forming Knowledge Structures

Physical Universe

Back Integrative Cortex

Radiation
Electrons
Magnetic
Atomic
Nuclear



Invisible

Physical Objects

Visuals

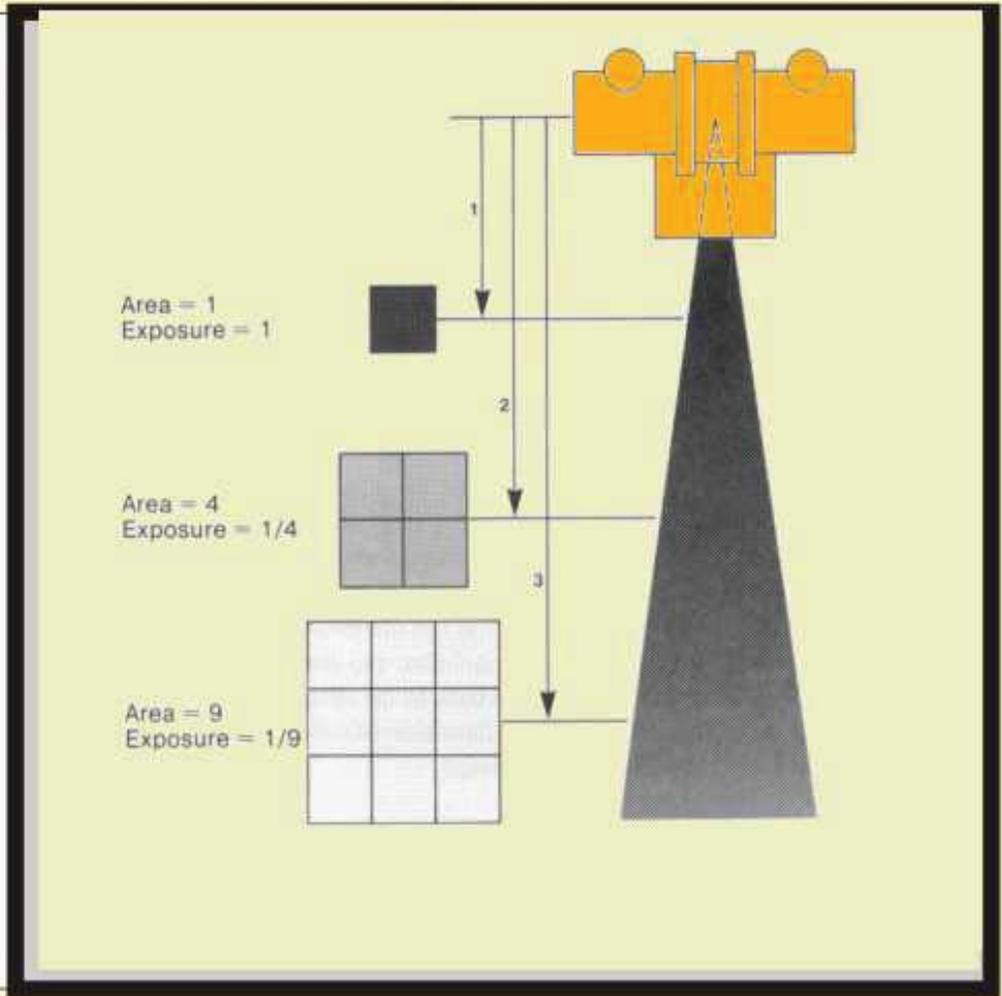
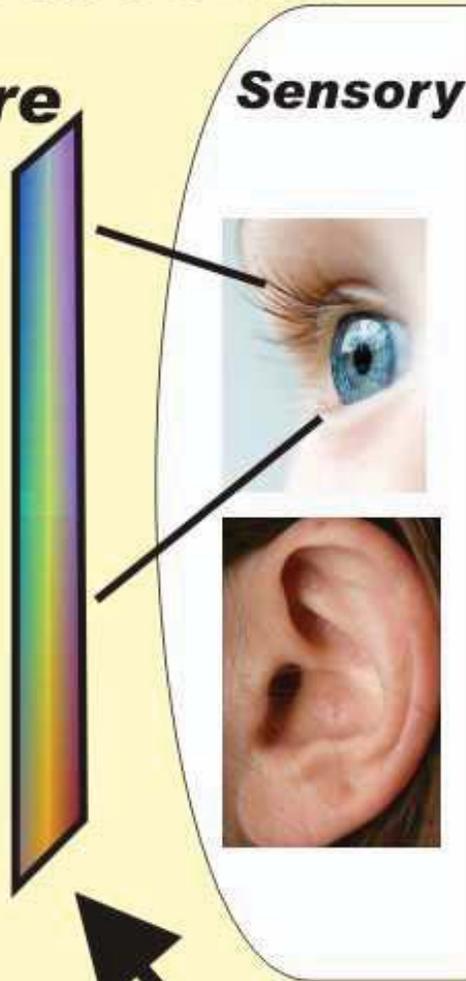
Sprawls

Forming Knowledge Structures

Physical Universe

Back Integrative Cortex

Inverse Square Effect

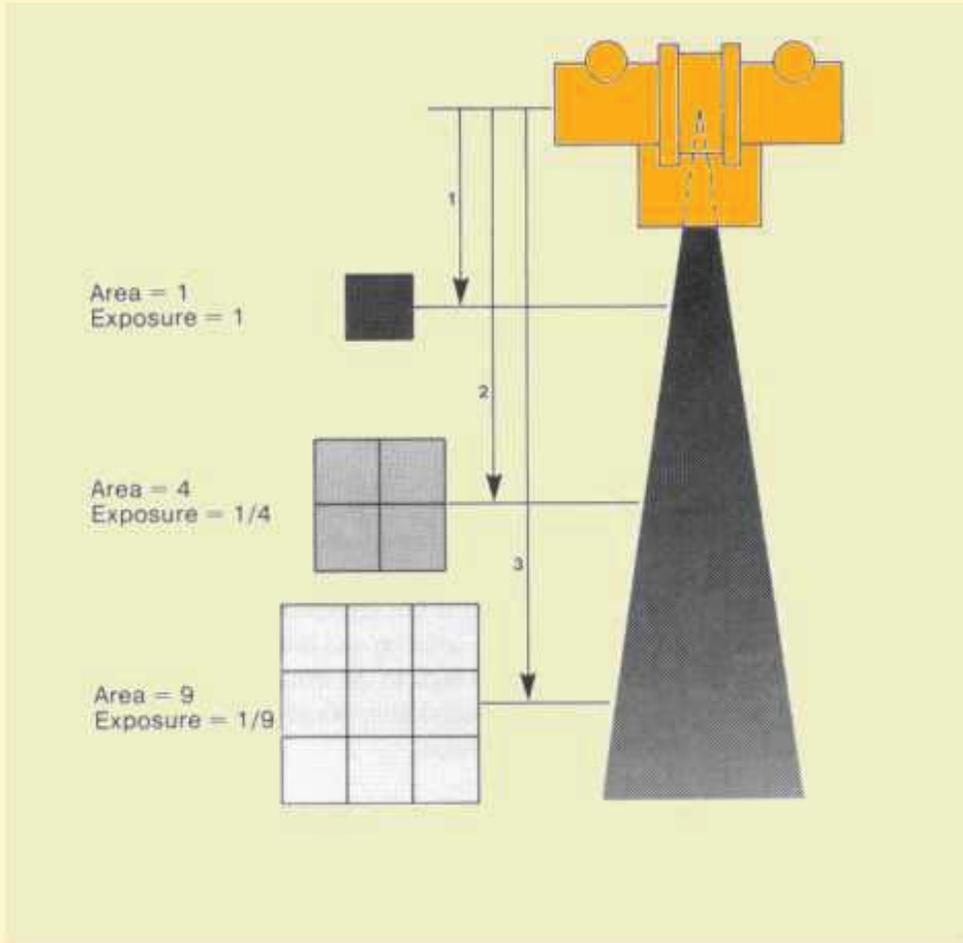


Invisible Concepts Ideas

Visuals

Sprawls

Forming Knowledge Structures



Visual

Intensity = Power / Area

$$\text{Surface area of a sphere} = \frac{4\pi r^2}{3}$$

So, the luminous intensity on a spherical surface a distance r from a source radiating a total power P is:

$$I = 3P / 4\pi r^2$$

As P and π remain constant, the luminous intensity is proportional to the inverse square of distance:

$$I \sim 1 / r^2$$

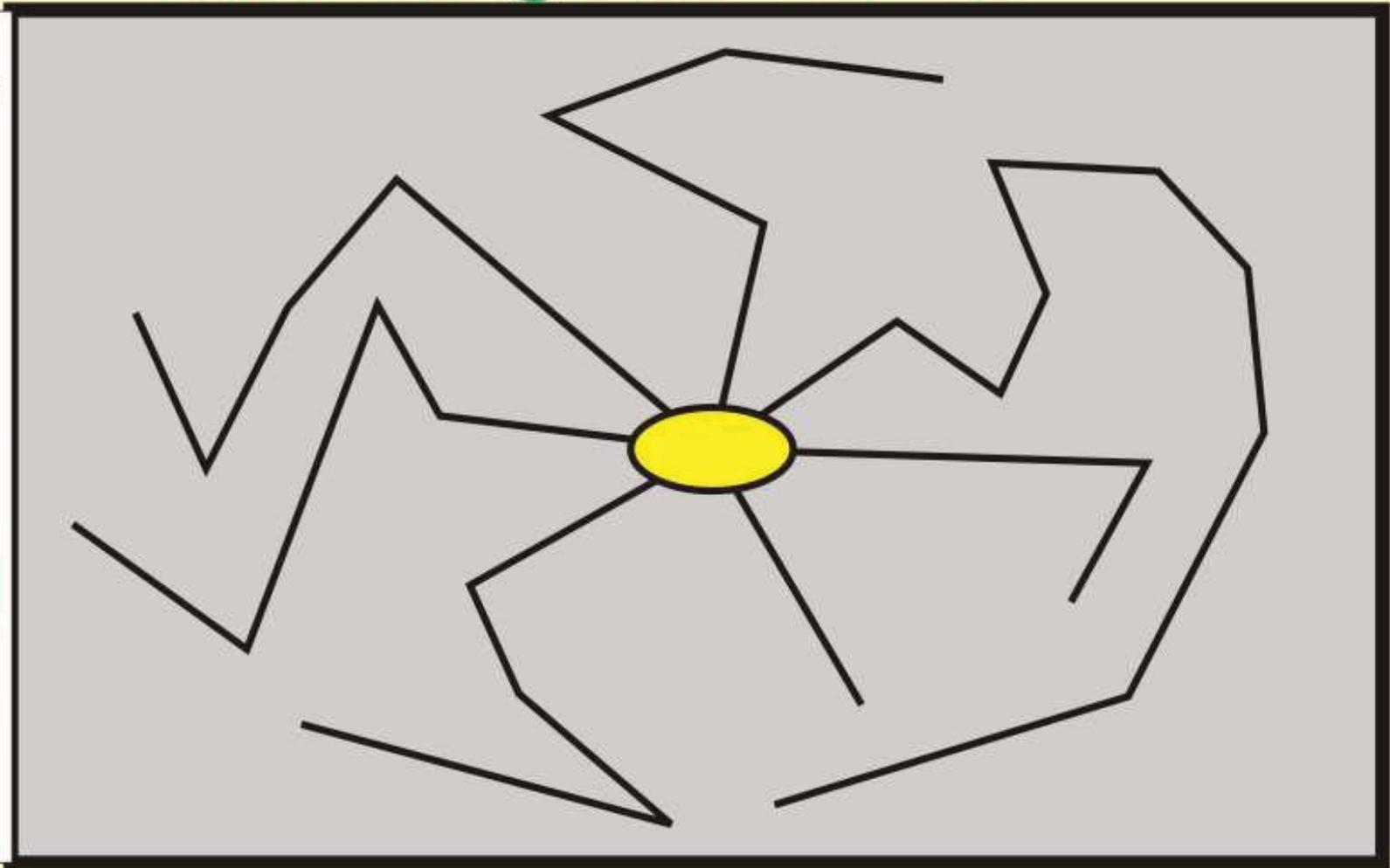
**Verbal and
Symbolic**

Sprawls

Back Integrative Cortex

Integrating experience into existing
knowledge structure

Sensory



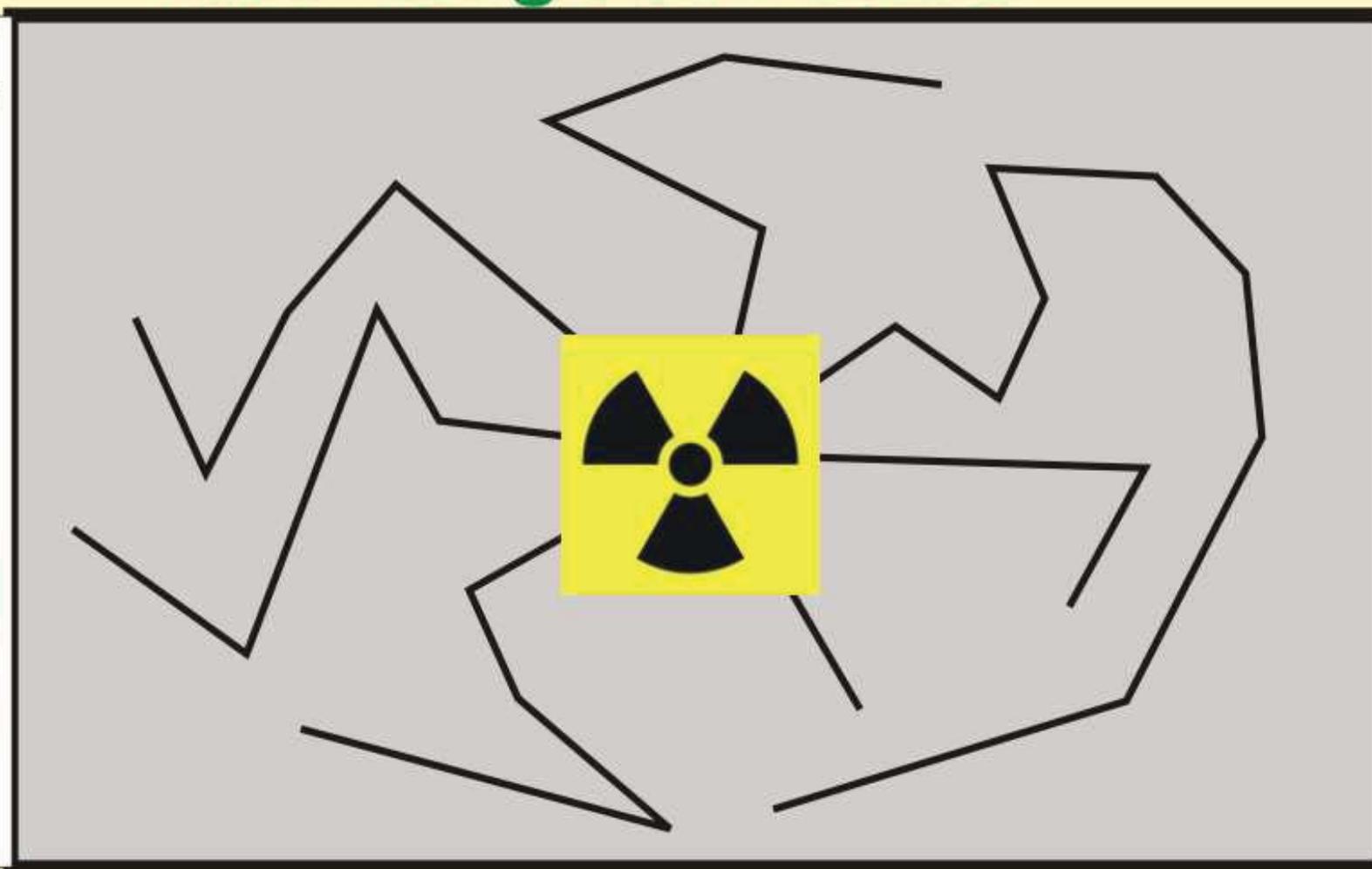
Meaning

Sprawls

Back Integrative Cortex

Integrating experience into existing
knowledge structure

Sensory



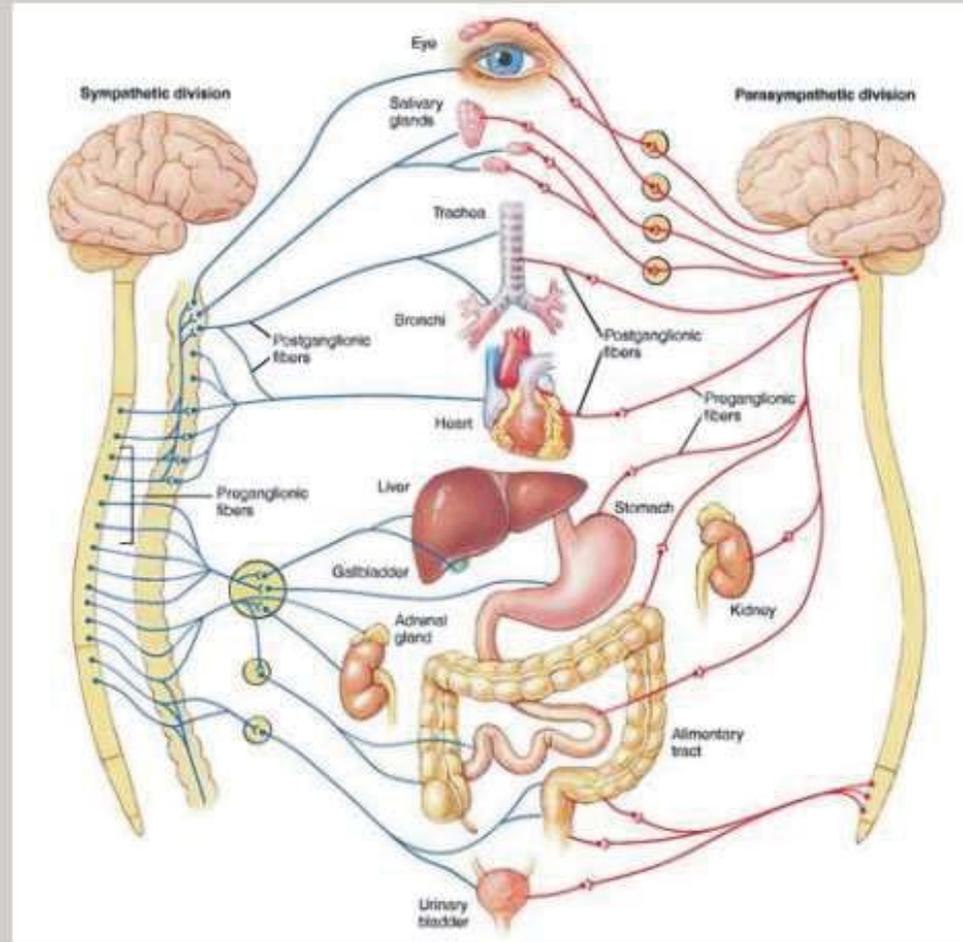
Meaning

Sprawls

Back Integrative Cortex

Integrating experience into existing knowledge structure

Sensory



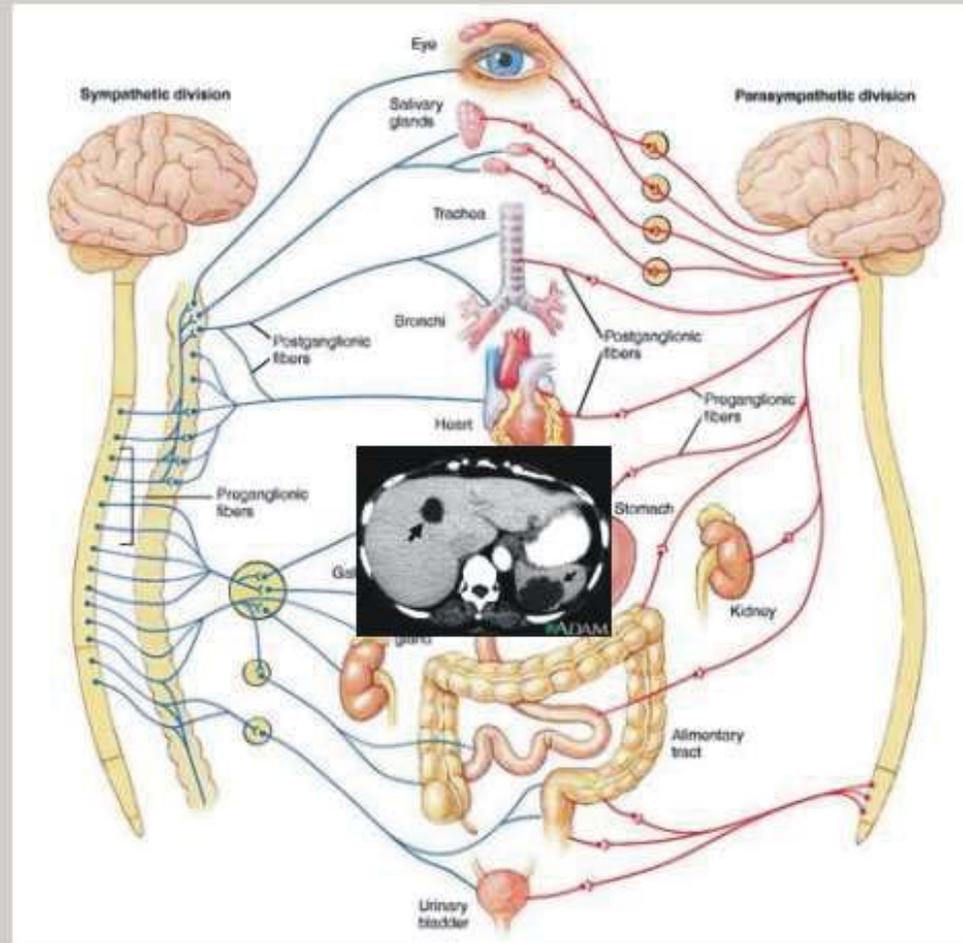
Medical Knowledge

Sprawls

Back Integrative Cortex

Integrating experience into existing knowledge structure

Sensory



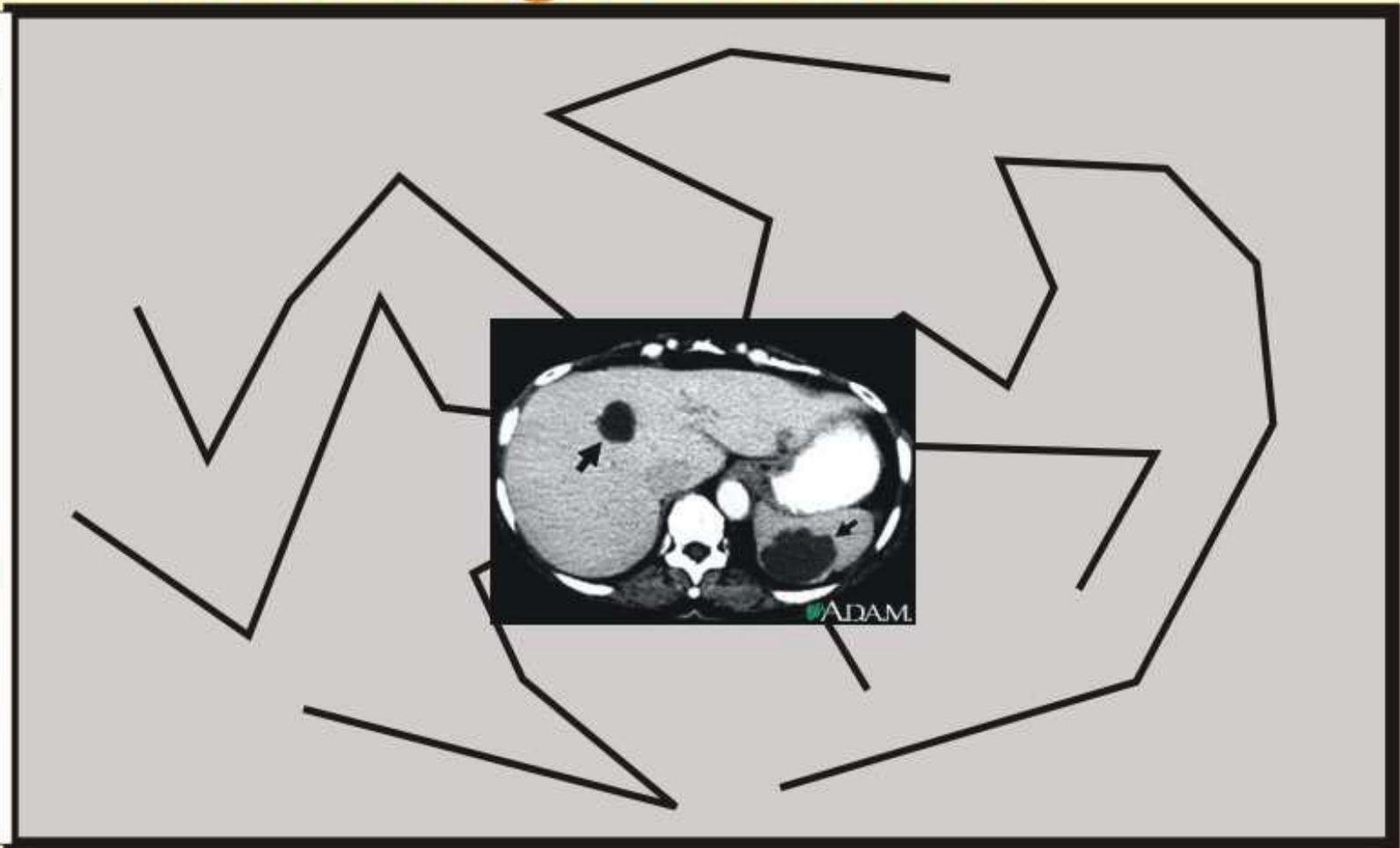
The image is the connection

Sprawls

Back Integrative Cortex

Integrating experience into existing
knowledge structure

Sensory



The image is the starting point
for learning physics

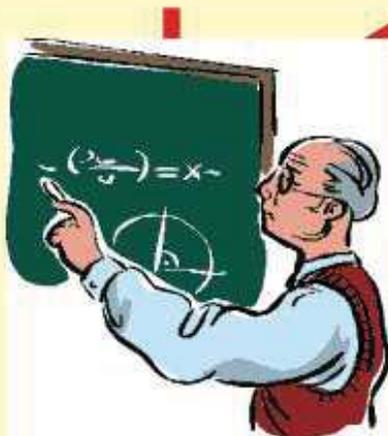
Sprawls

Forming Knowledge Structures

Physical Universe

Back Integrative Cortex

Inverse Square Effect



Sensory



Intensity = Power / Area

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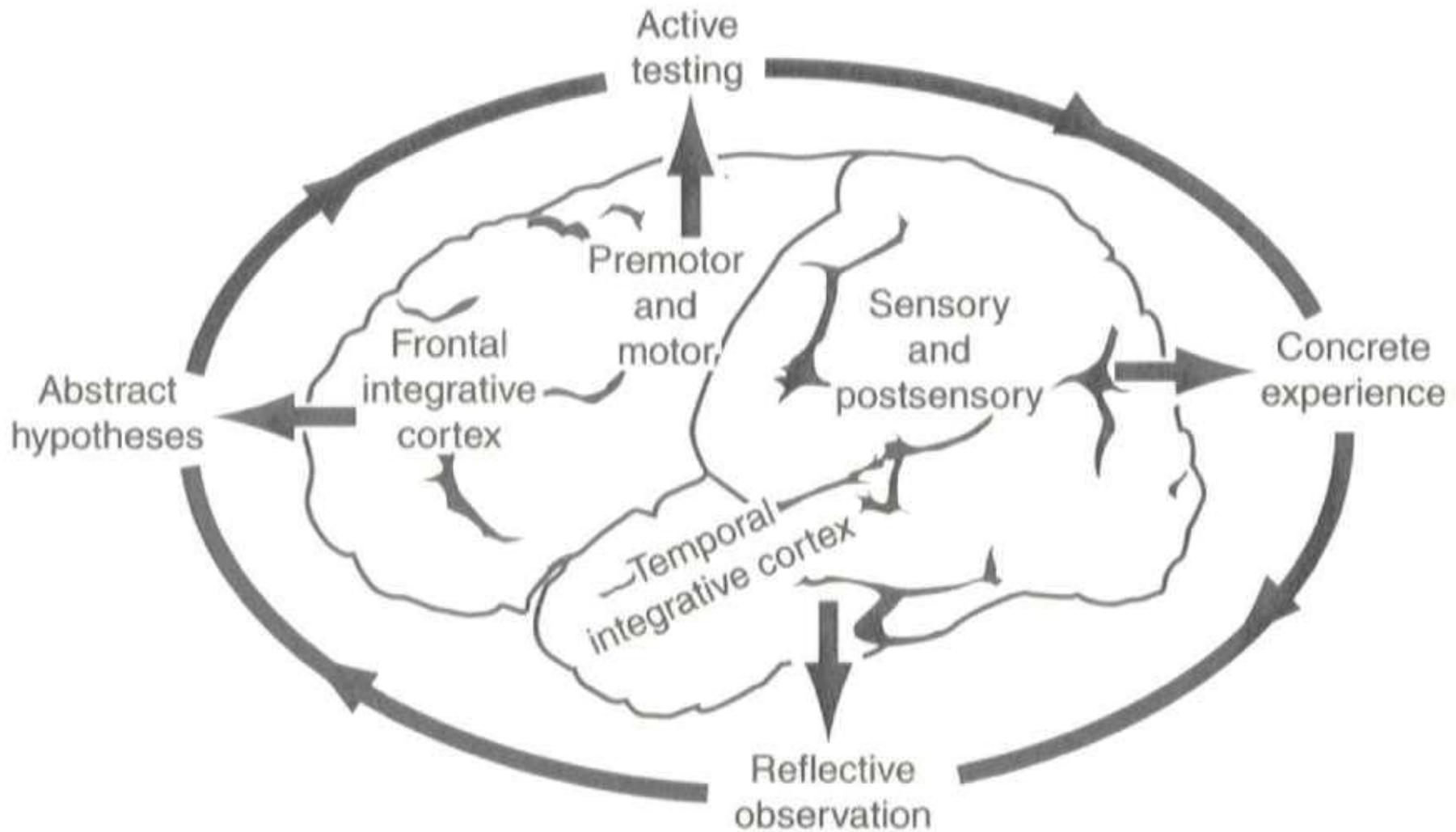
As P and π remain constant, the luminous intensity is proportional to the inverse square of distance:

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Verbal and Symbolic

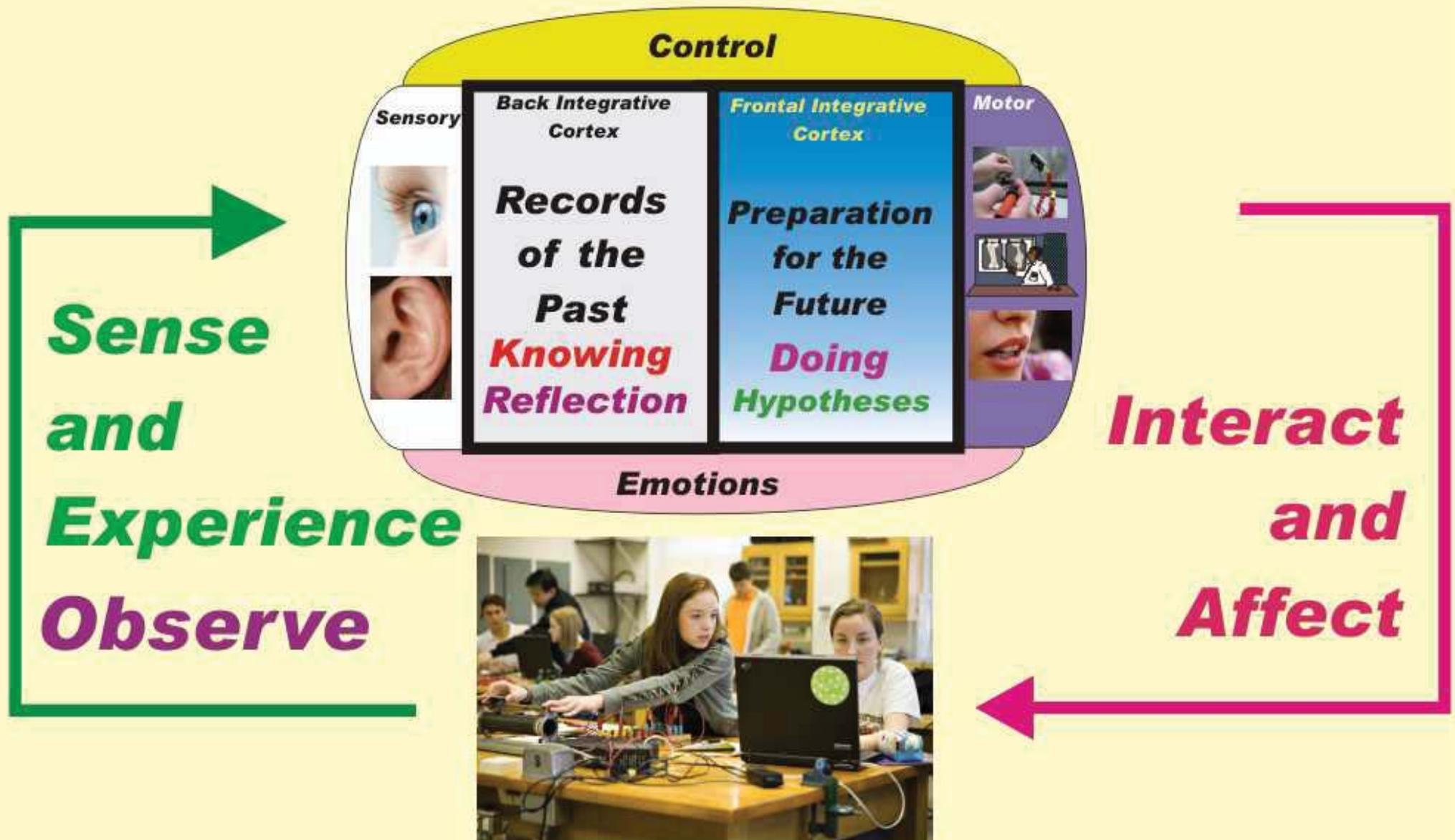
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Zull's Model of Brain Function



Brain Functions for Learning Physics

Active Experimentation and Testing



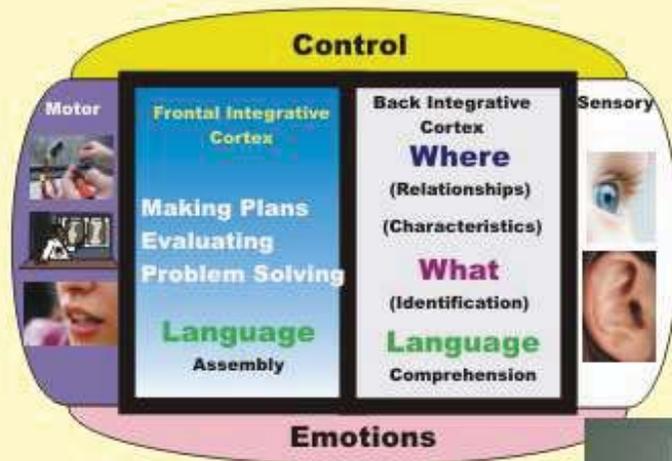
Physical Universe

Sprawls

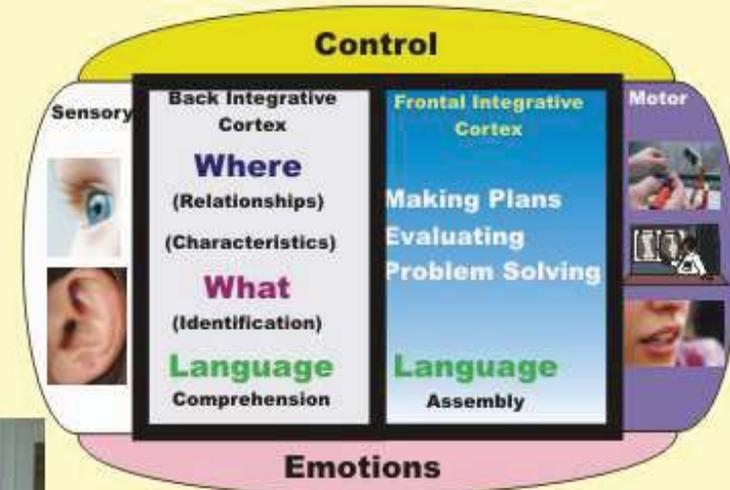
Brain Functions for Learning Physics

Two brains are better than one!

Collaborative Learning



Views
Perspectives
Experiences



Views
Perspectives
Experiences

Analysis and Evaluation

Brain Functions for Learning Physics

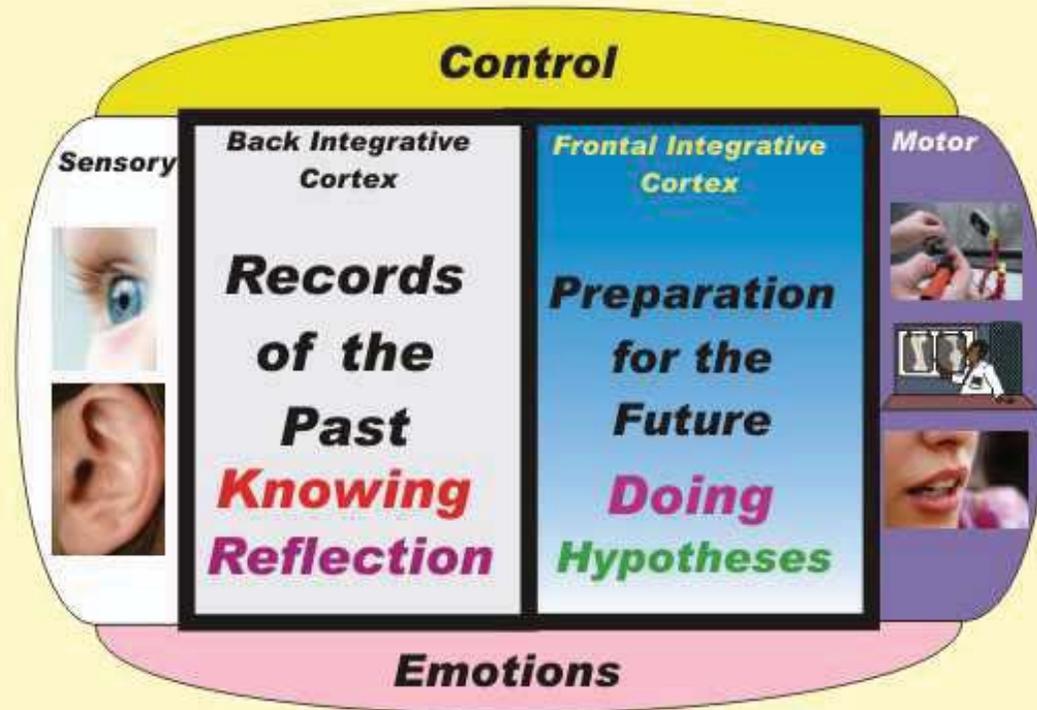
Two brains are better than one!

Collaborative Learning

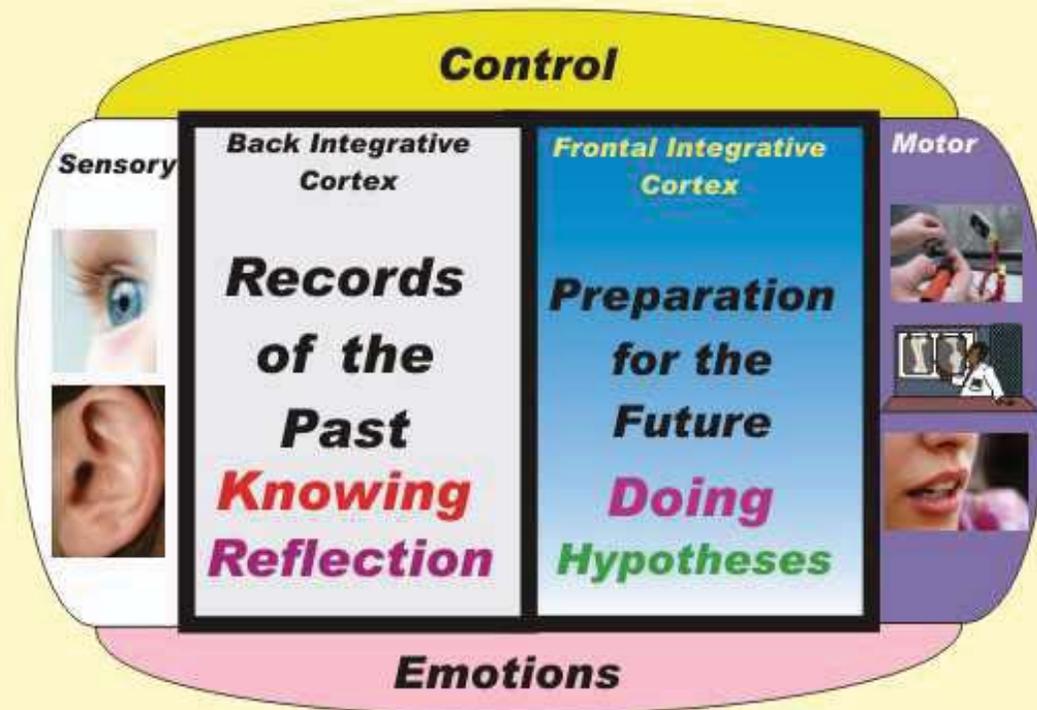


Problem Solving Analysis and Evaluation Developing Plans

The Learning Environment

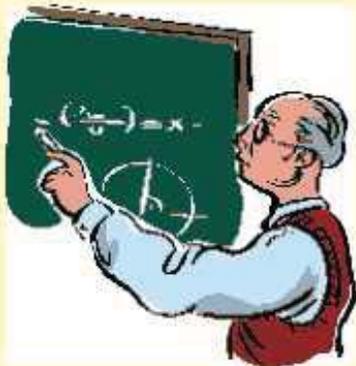
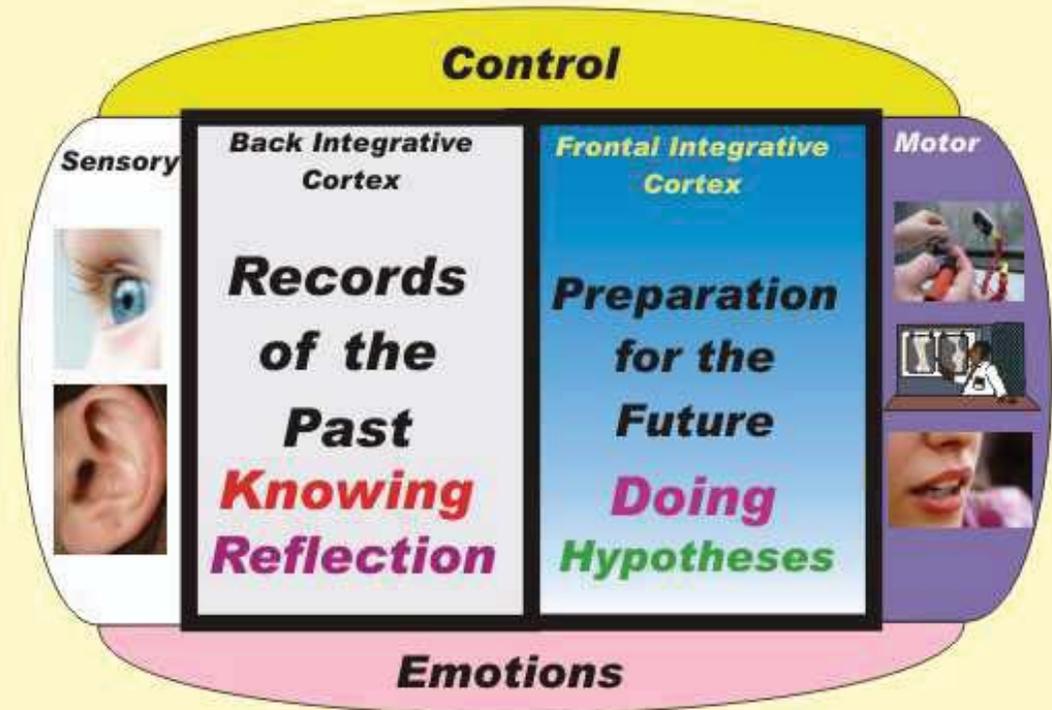


Rich Learning Environments



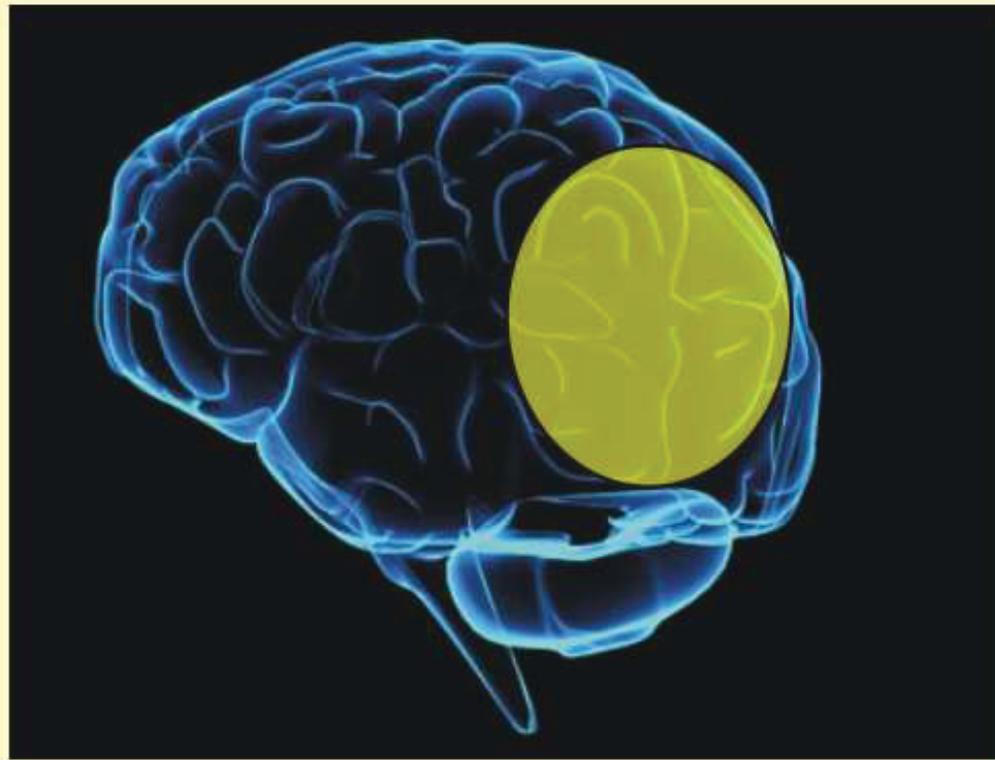
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Challenging Learning Environments



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Effective Learning



**Rich
Learning
Environment**

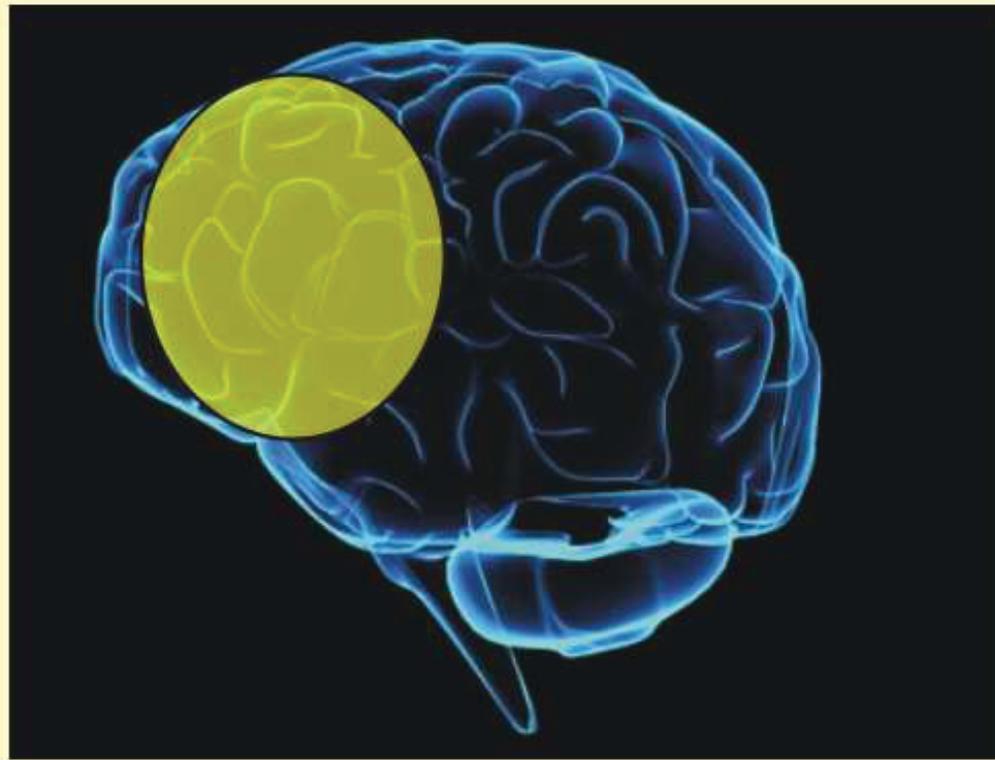
**New
and
Different**

**Integrate
into
Existing
Knowledge**

————— **Reflection** —————>

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Effective Learning



Interact

Review

Reflect

**Developing useful knowledge
for the future**

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Brain Functions for Learning Physics

Motivation

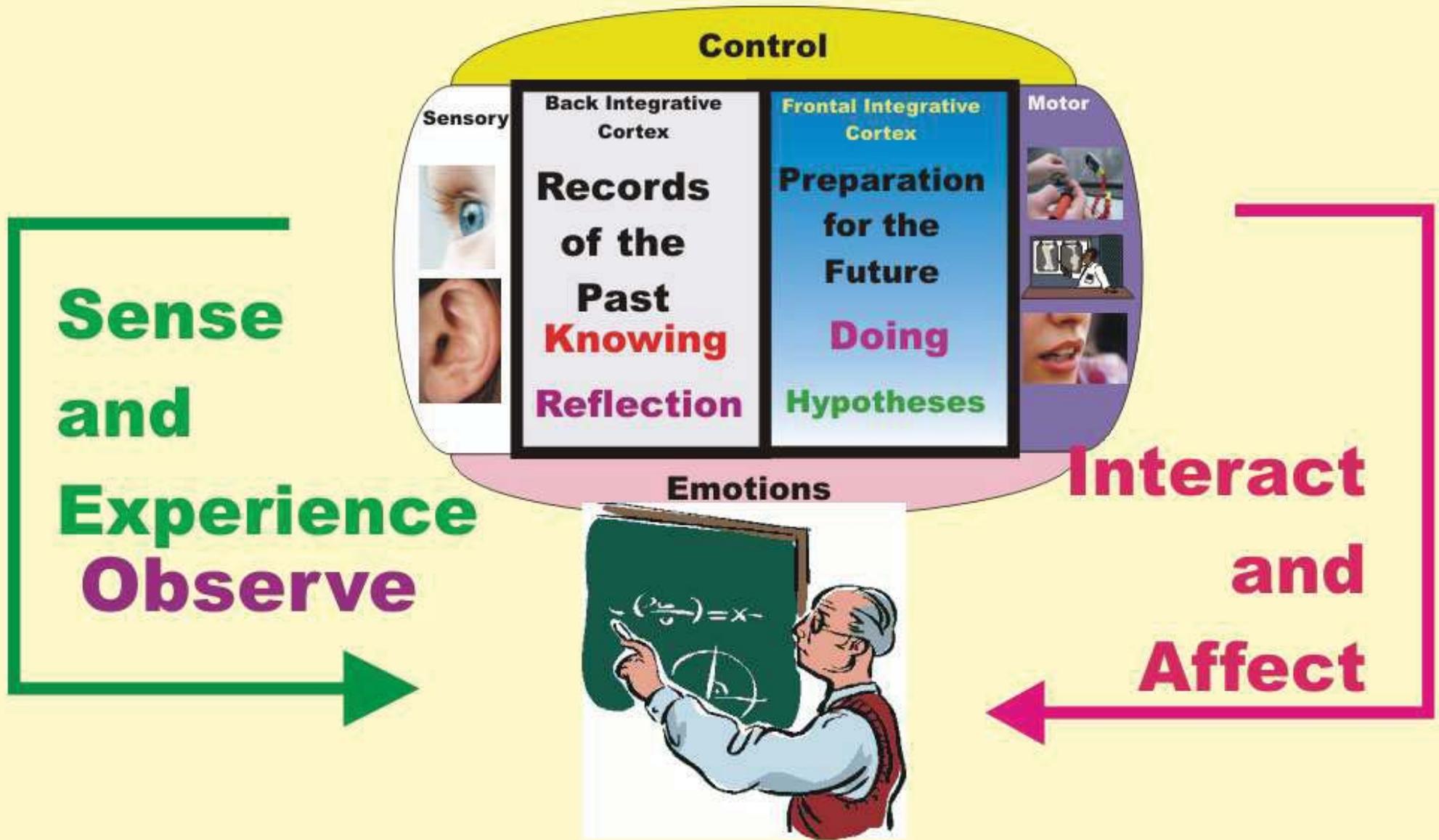
Organization

Interest



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Brain Functions for Learning About Learning Physics



Our Teaching

Sprawls

Robert Gagne (1916-2002)

Best known for his **Nine Events of Instruction**



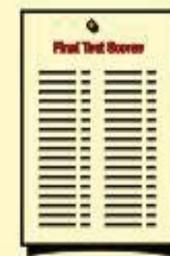
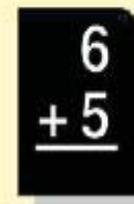
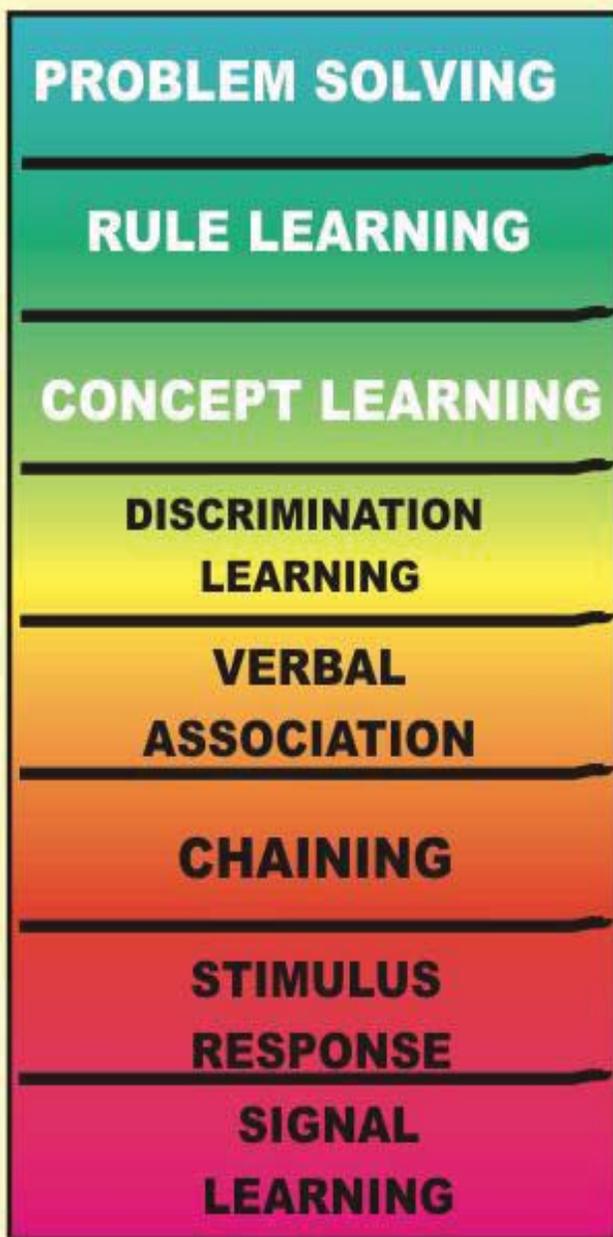
The Gagne assumption is that different types of learning exist, and that different instructional conditions are most likely to bring about these different types of learning

Gagné was also well-known for his sophisticated stimulus-response theory of eight kinds of learning which differ in the quality and quantity of stimulus-response bonds involved. From the simplest to the most complex, these are:

- signal learning (Pavlovian conditioning)**
- stimulus-response learning (operant conditioning)**
- chaining (complex operant conditioning)**
- verbal association**
- discrimination learning**
- concept learning**
- rule learning**
- and problem solving.**

Sprawls

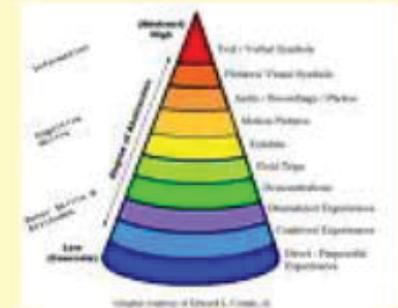
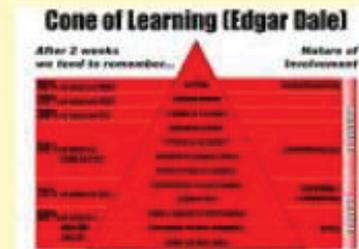
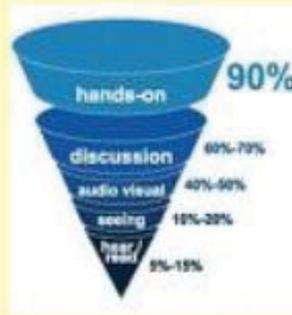
Gagne's Hierarchy of Learning



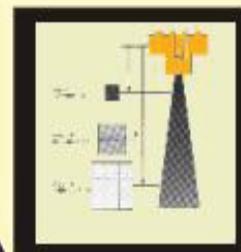
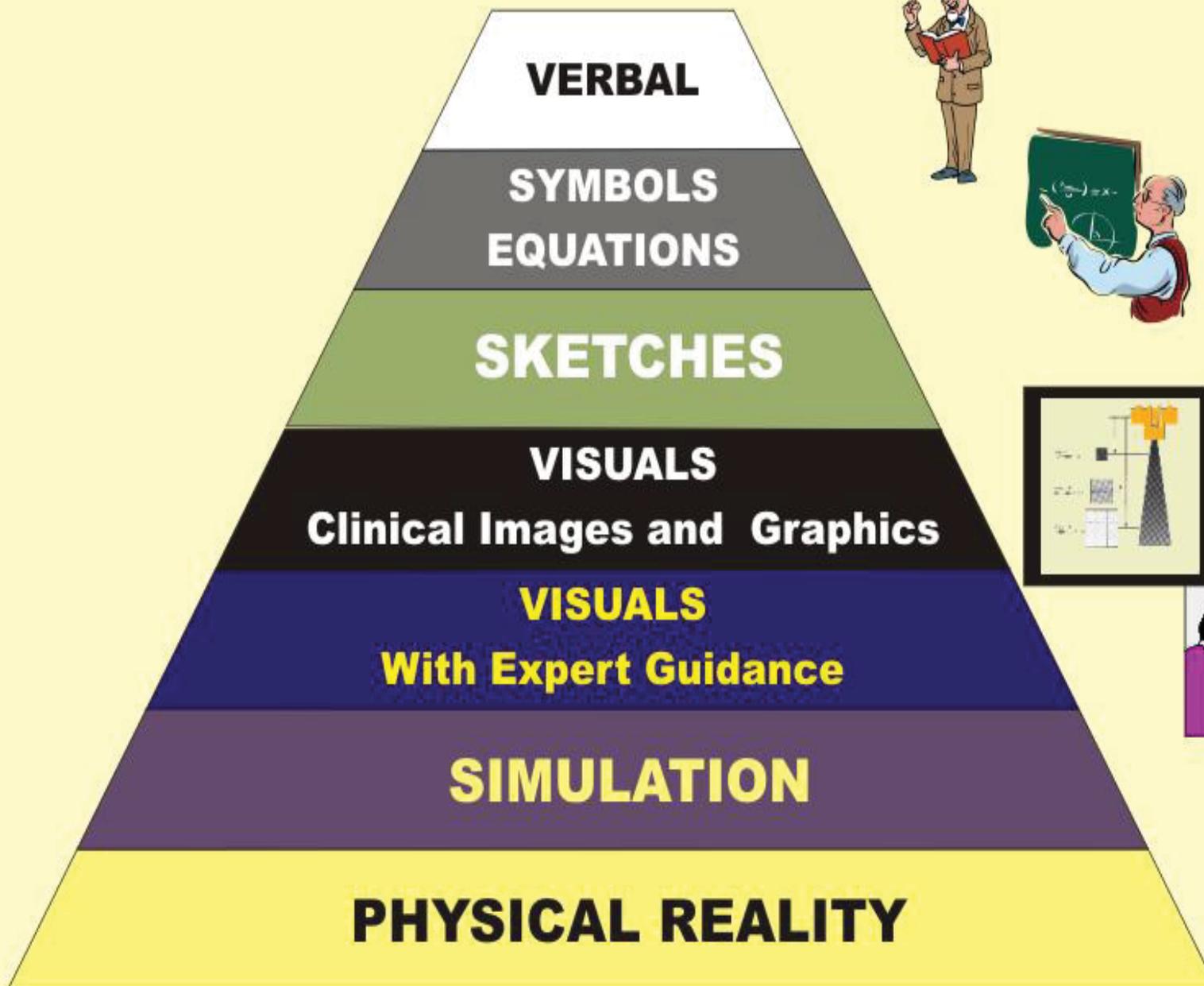


Edgar Dale (1900-1985)

Educationalist who developed the famous **Cone of Experience** theory



Cone of Experience for Medical Imaging Education



Sprawls

Cone of Experience for Medical Imaging Education

EFFECTIVENESS

EFFICIENCY

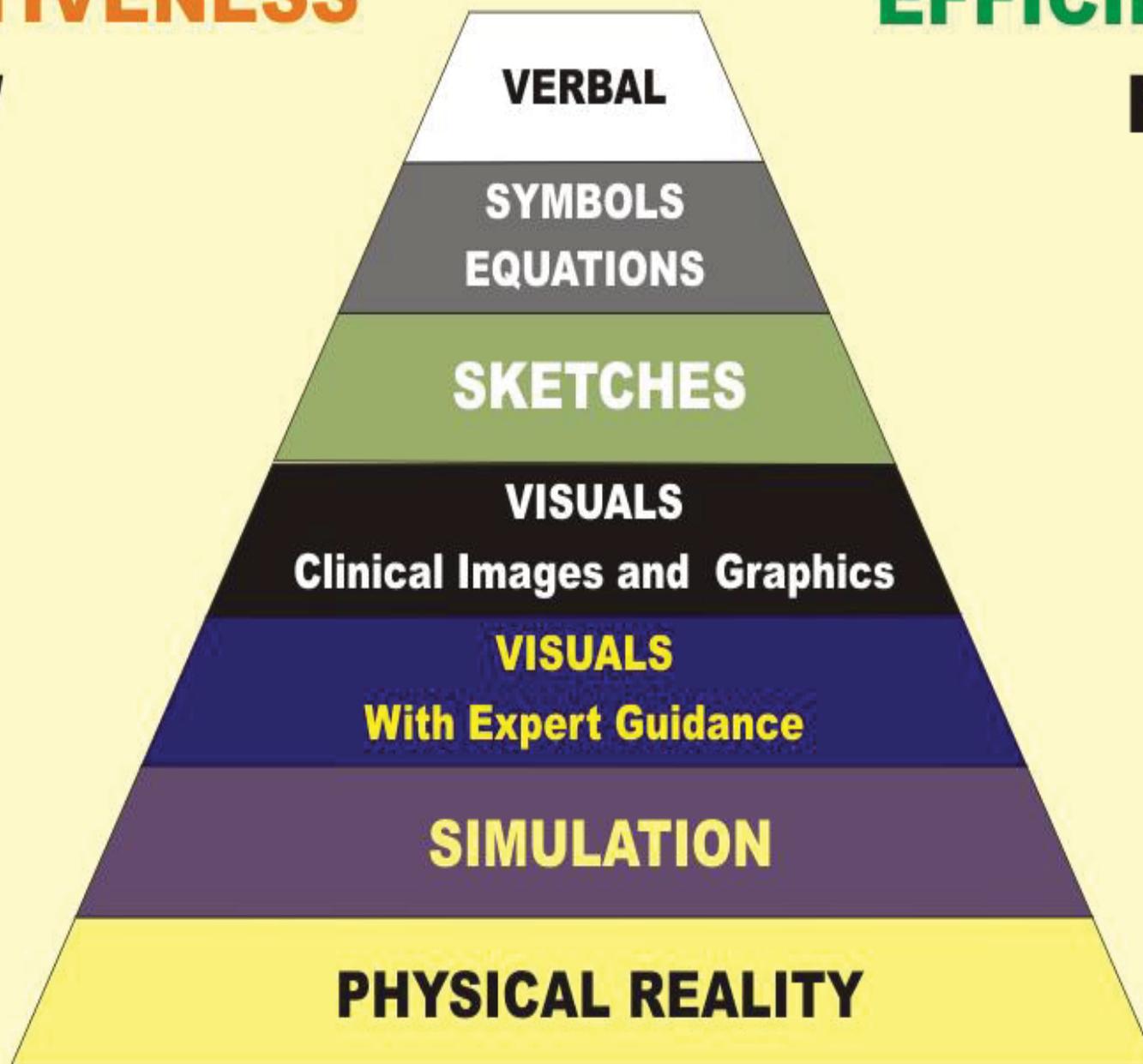
LOW

HIGH



HIGH

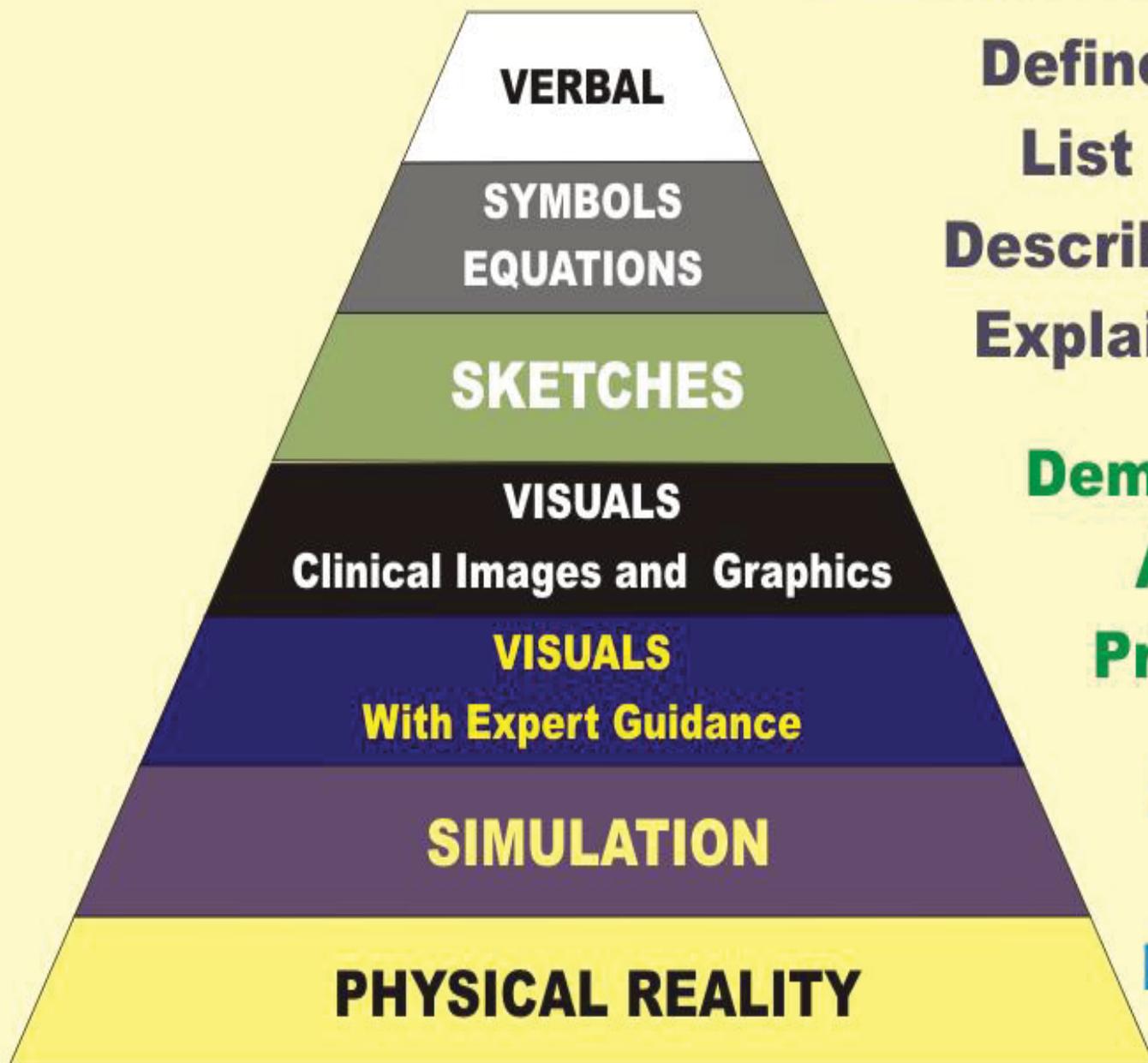
LOW



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Cone of Experience for Medical Imaging Education

LEARNING OUTCOMES



Define
List
Describe
Explain



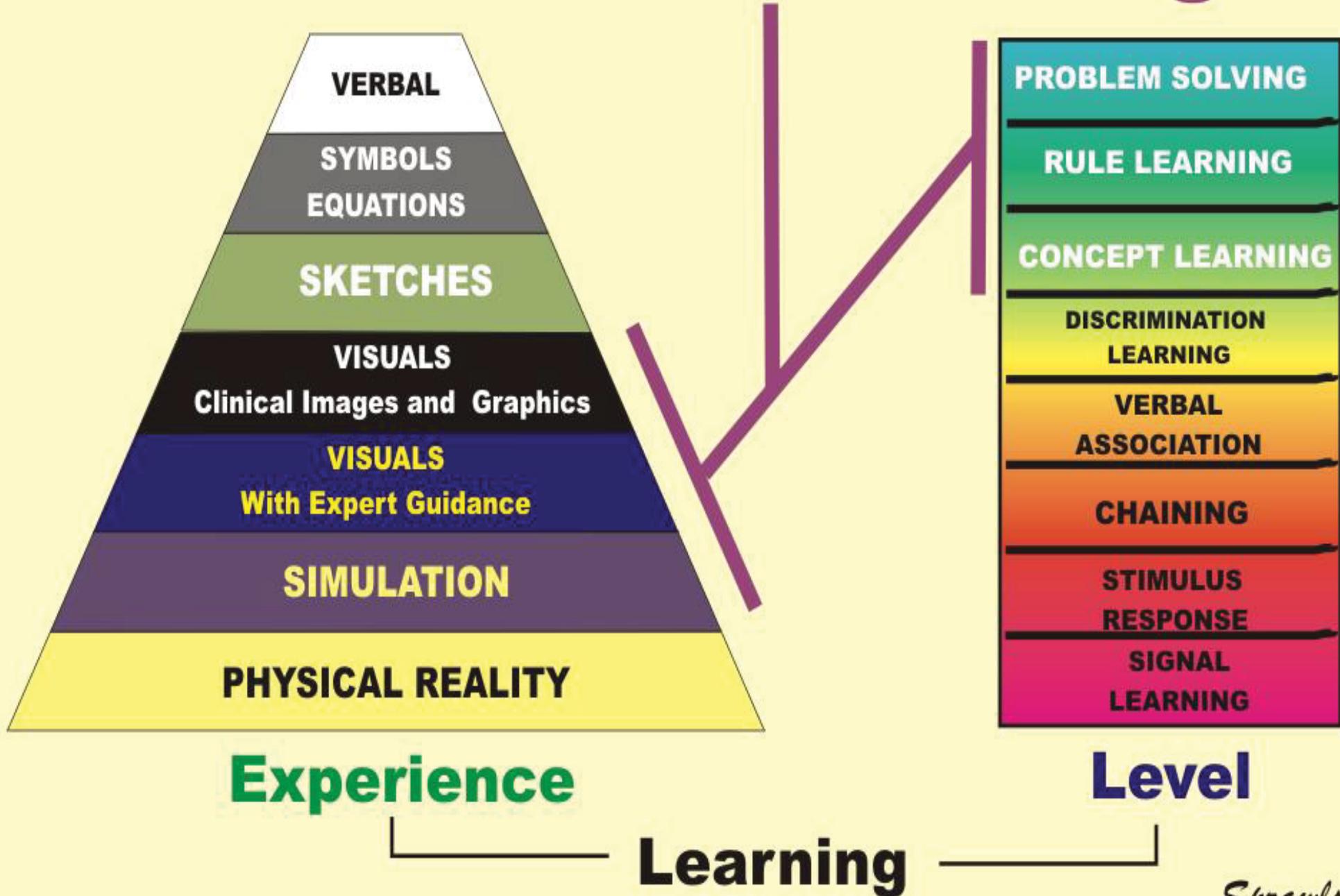
Demonstrate
Apply
Practice



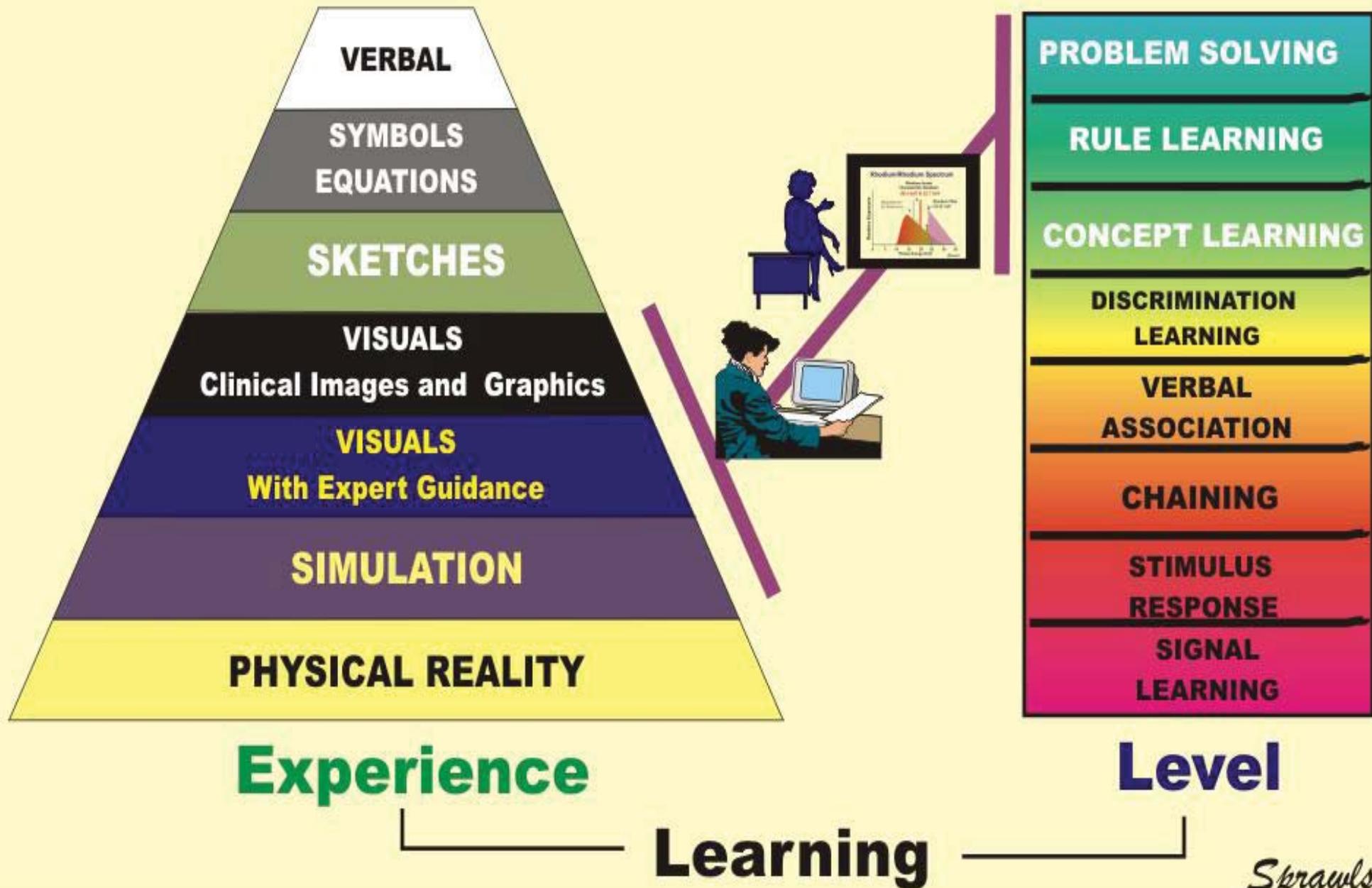
Analyze
Create
Evaluate



Effective Learning



Technology Enhanced Learning and Teaching



Clinically Focused Physics Education

Classroom

**Clinical
Conference**

**Small
Group**

**“Flying
Solo”**



Highly Efficient
For
General Physics
and
Related Topics

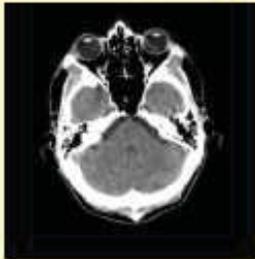
Highly Effective
Clinically Rich
Learning Activities

Visuals Images Online Modules
Resources and References

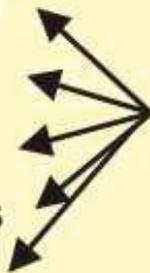
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Physics Education

Images

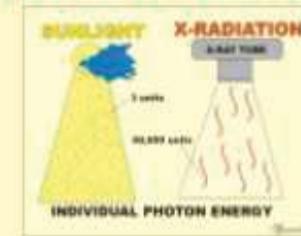


- Contrast
- Detail
- Noise
- Artifacts
- Spatial



Characteristics and Comparison of Modalities

Radiation



- Radiation for Imaging
- Quantities and Units
- X-Ray Production
- Radioactivity
- Interactions



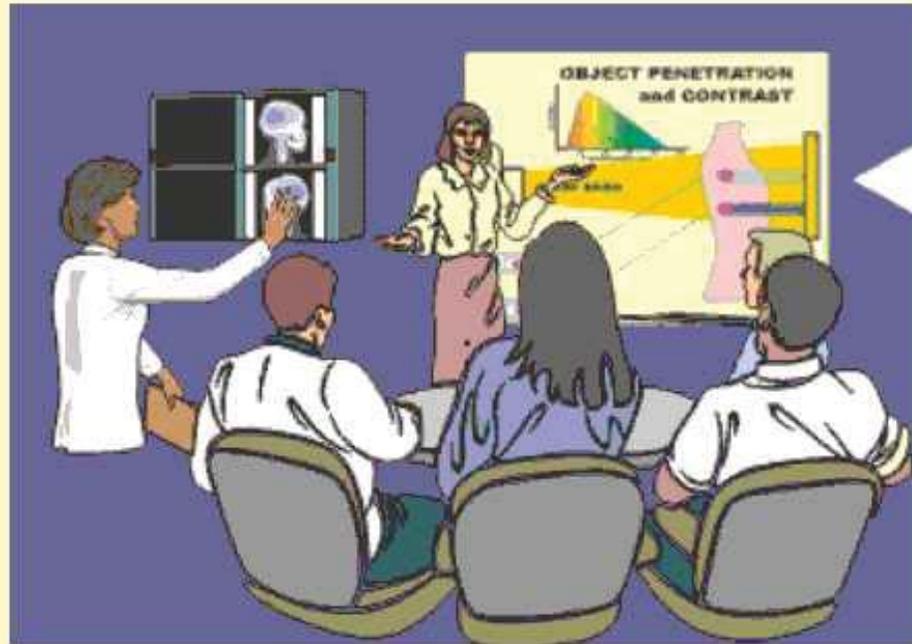
Digital Image Structure and Characteristics

- X-Ray Image Formation
- Radiographic Receptors
- Radiographic Detail
- Fluoroscopic Systems
- CT Image Formation
- CT Image Quality and Dose Optimization
- Radionuclide Imaging, SPECT, PET
- MRI
- Ultrasound

- Radiation Safety**
- Biological Effects
- Personnel Protection
- Patient Dose Management

Rich Classroom and Conference Learning Activities

**Learning Facilitator
“Teacher”**



Visuals
Representations
of
Reality

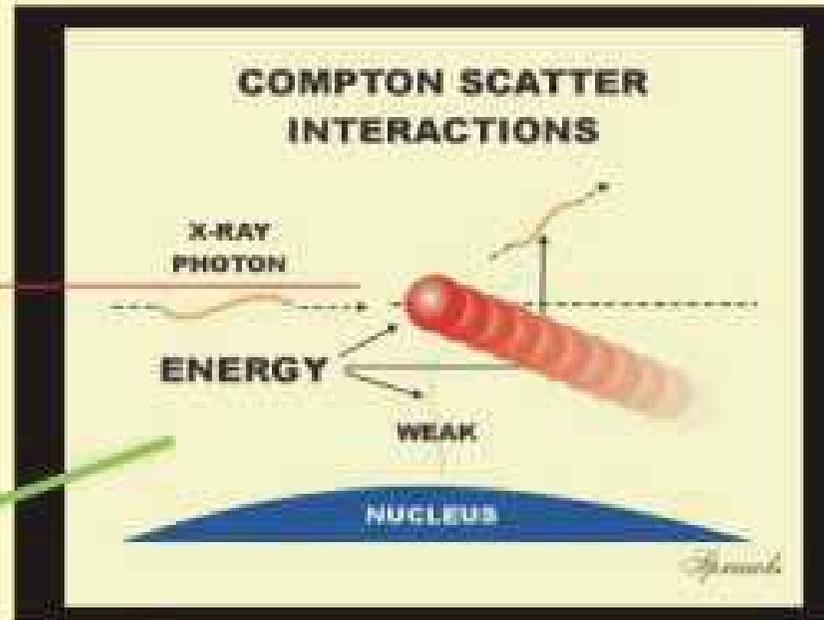
Organize and Guide the Learning Activity
Share Experience and Knowledge
Explain and Interpret What is Viewed
Motivate and Engage Learners

Sprawls

Technology Enhanced Learning

Learning Guide

Learner



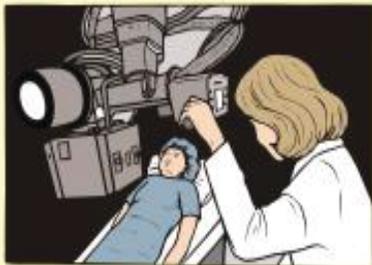
Visuals for Classroom

Notes
and
Text

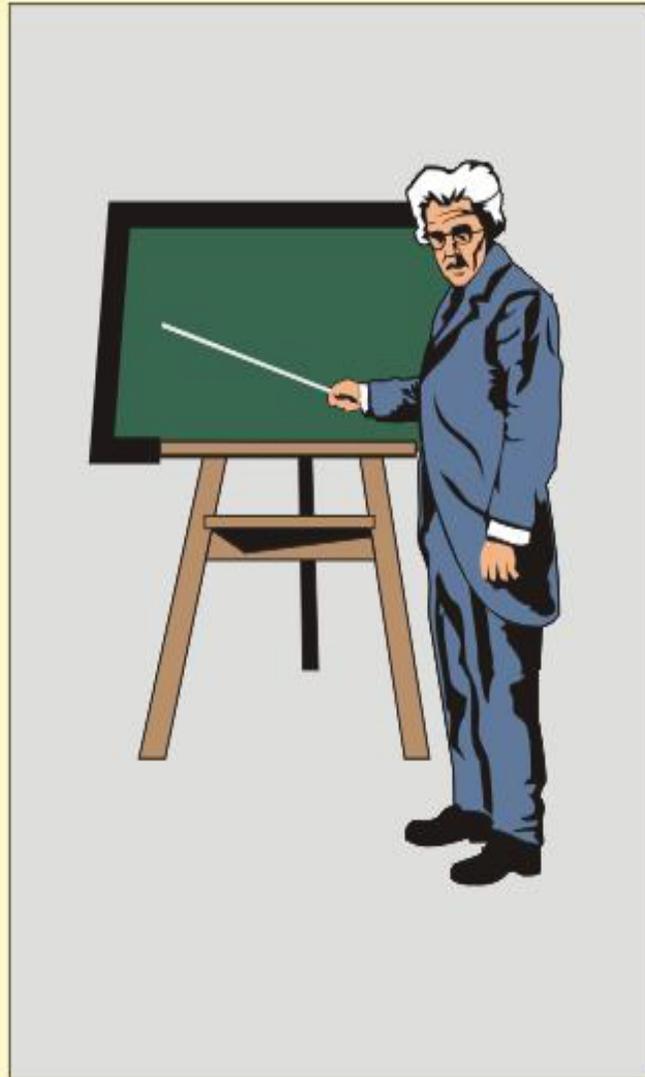
Online
Resources

Sprawls

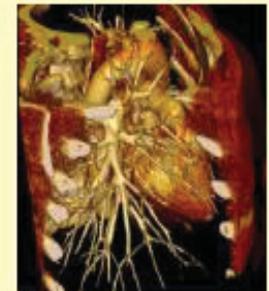
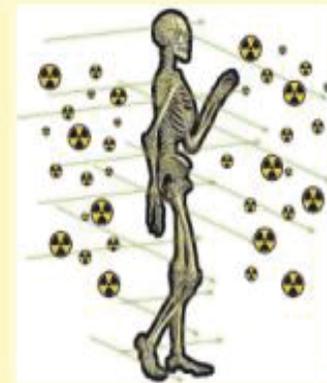
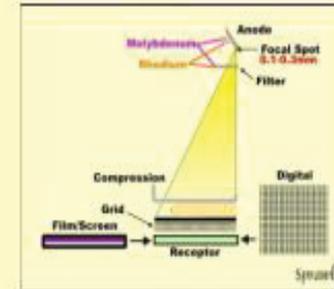
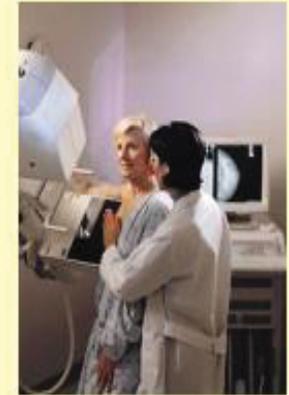
THE LEARNERS



WINDOW or BARRIER



PHYSICAL UNIVERSE



Sprawls

THE LEARNERS

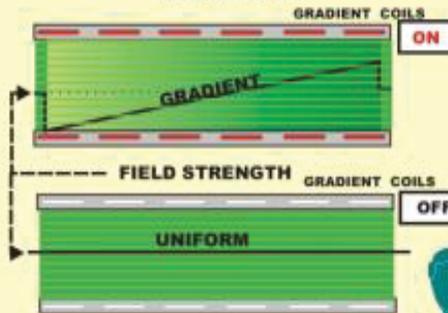
WINDOW or BARRIER

PHYSICAL UNIVERSE

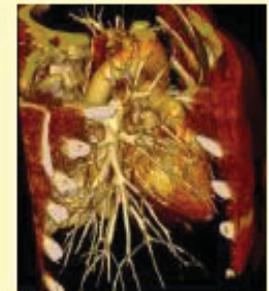
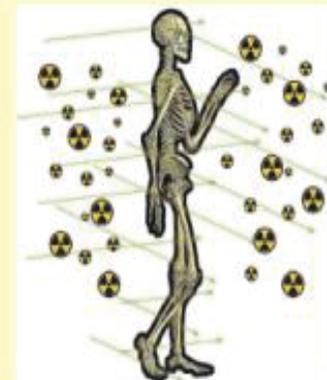
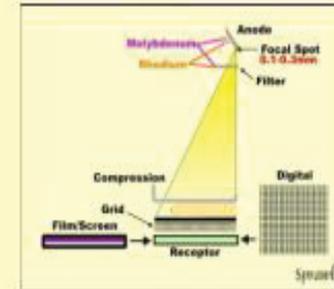
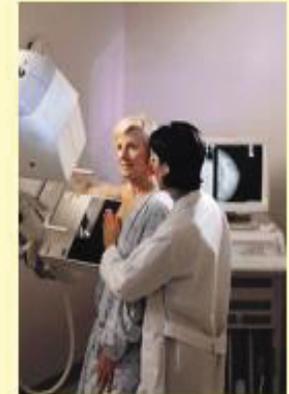


Visuals

A MAGNETIC FIELD GRADIENT



Physicists

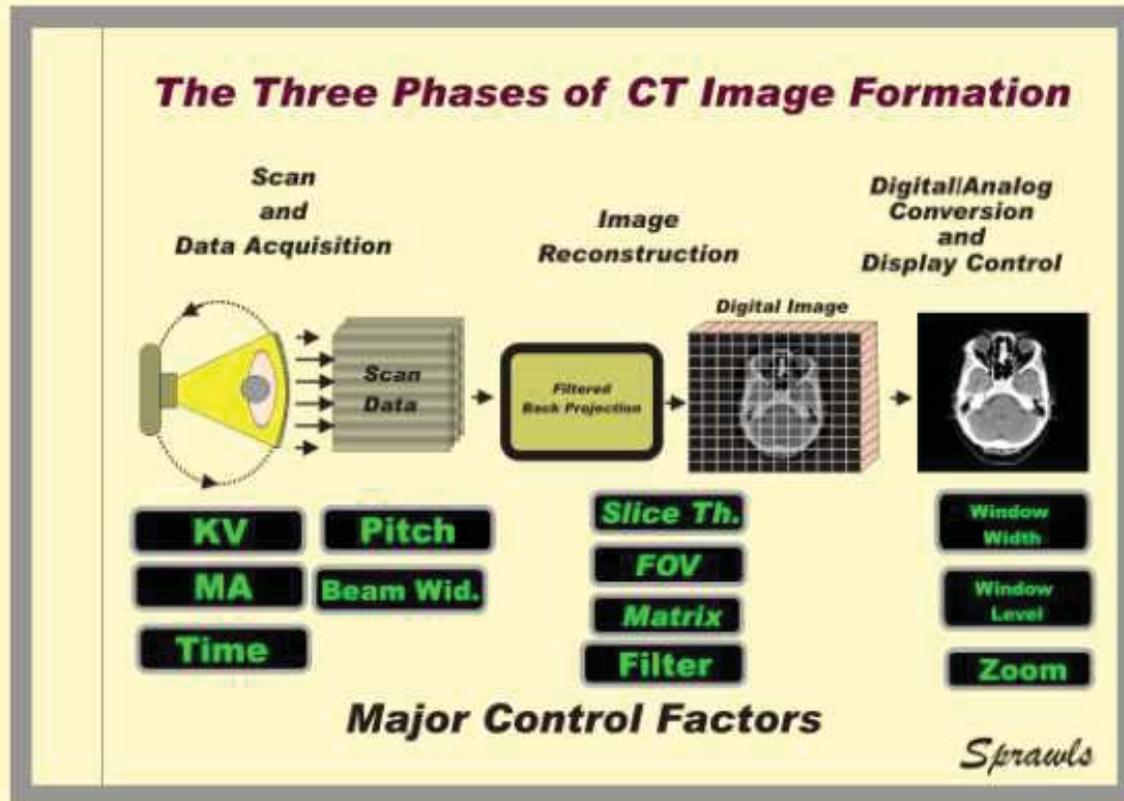


Sprawls

Visuals for Learning and Teaching

The Imaging Process

Clinical Images



Clinically Focused Physics Education

Classroom

**Clinical
Conference**

**Small
Group**

**“Flying
Solo”**



Highly Efficient
For
General Physics
and
Related Topics

Highly Effective
Clinically Rich
Learning Activities

Visuals Images Online Modules
Resources and References

Sprawls



Radiology resident analyzing a mammogram under the direction of radiologist Dr. Debra Monticciolo who discusses image characteristic and related physics. The monitor in the rear is displaying the mammography physics module.



They then use the module to study topics in more depth or lookup specific information. The resident will continue to use the module to study physics during his mammography clinical clinical rotation.

SPRAWLS EDUCATIONAL FOUNDATION

Open Resources

for

Learning and Teaching

The Physical Principles of Medical Imaging

[How to Use This Resource](#)[Table of Contents and List of Topics](#)

Mammography Physics and Technology

for effective clinical imaging

Perry Sprawls, Ph.D.

[Outline](#)[Mind Map](#)[Learning Objectives](#)[Visuals for Discussion](#)[Text Reference](#)

To step through module, [CLICK HERE](#).

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Imaging Objectives	Rhodium Anode	Blurring and Visibility of Detail
Visibility of Pathology	KV Values for Mammography	Focal Spot Blurring
Image Quality Characteristics	Scattered Radiation and Contrast	Receptor Blurring
Not a Perfect Image	Image Exposure Histogram	Composite Blurring
Mammography Technology	Receptor & Display Systems	Magnification Mammography
Imaging Technique Factors	Film Contrast Transfer	Mean Glandular Dose
Contrast Sensitivity	Film Contrast Factors	
Physical Contrast Compared	Film Design for Mammography	
Factors Affecting Contrast Sensitivity	Controlling Receptor (Film) Exposure	
X-Ray Penetration and Contrast	Film Processing	
Optimum X-Ray Spectrum	Variations in Receptor Sensitivity	

Module available on www.sprawls.org/resources

17 KV Values for Mammography

BACK

NEXT

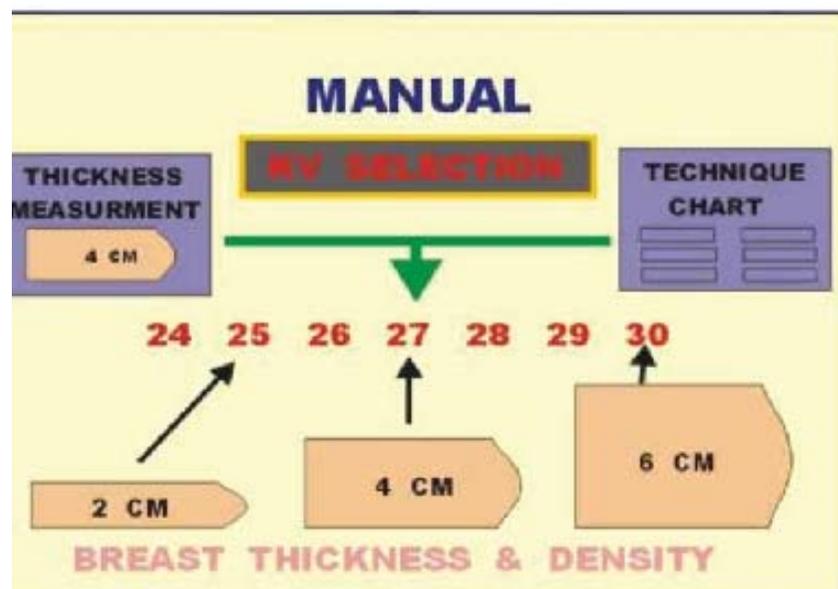
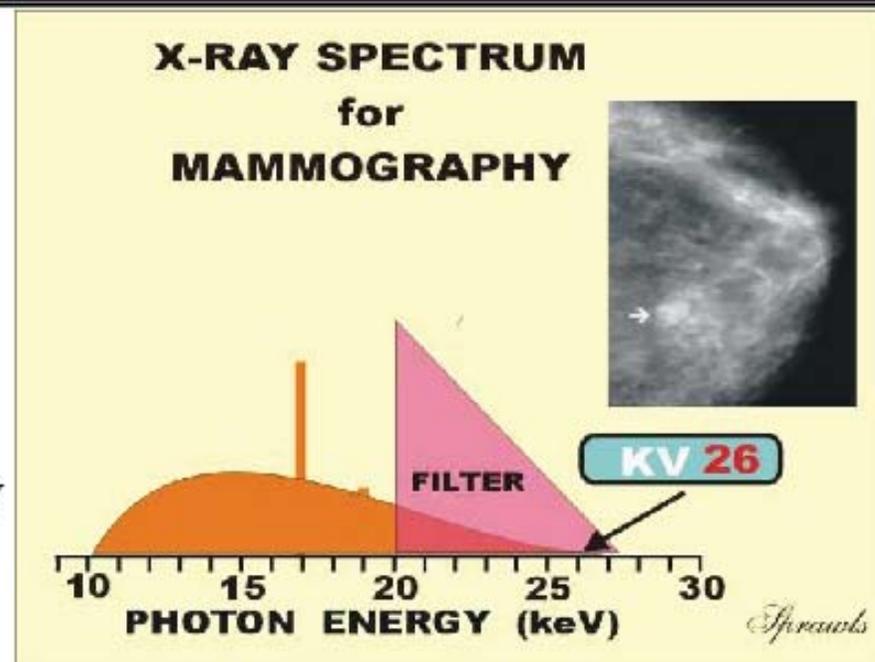
The x-ray beam spectrum is one of the most critical factors that must be adjusted to optimize a procedure with respect to contrast sensitivity and dose.

We can think of it as a three-step procedure:

1. Select the appropriate anode (moly or rhodium)
2. Select the appropriate filter (moly or rhodium)
3. Select the appropriate KV (In the range 24 kV to 32 kV)

Increasing the KV has two effects on the x-ray beam. It increases the efficiency and output for a specific MAS value and it shifts the photon energy spectrum forward so that the beam becomes more penetrating.

While a more penetrating beam does reduce contrast sensitivity it is necessary when imaging thicker and more dense breast. Therefore compressed breast thickness is the principal factor that determines the optimum KV.



Mammography systems have indicators that display the thickness of the compressed breast. This along with a general assessment of breast density is used to manually select an optimum KV either from experience or an established technique chart.

The general goal is to increase the KV as necessary to keep the exposure time, MAS, and dose to the breast within reasonable limits as breast thickness increases.

Enriched Learning Environments

Learners

Learning Facilitators

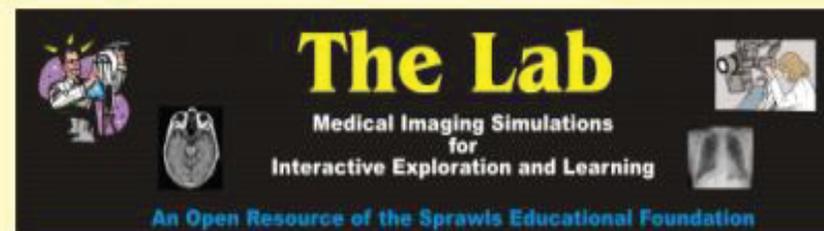


Scientists with Experience



The Physical Universe

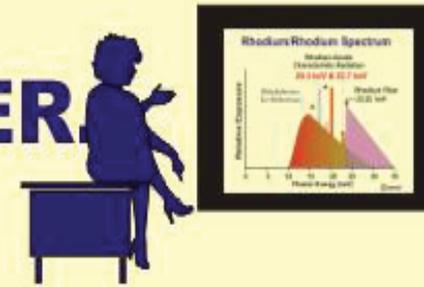
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In **Partnership** with Other Medical Physics Teachers
to be More **Effective** and **Efficient** in Providing
Medical Imaging Education

The Values We Hold

The PHYSICIST is the TEACHER.



TECHNOLOGY is the TOOL that can be used for effective and efficient teaching.

Technology should be used to enhance human performance of both learners (residents, students, etc.) And teachers



Clinically Focused Physics Education



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This is a presentation containing a collection of visuals used in courses on the general topic of medical physics education for medical professionals, especially radiologists and radiology residents.

They are provided here to be used by medical physicists for individual study, group discussions, or in class or conference presentations.

